



Schwimmschule
Tortuga
- SV Kettwig 07 e.V. -



BATHING RULES



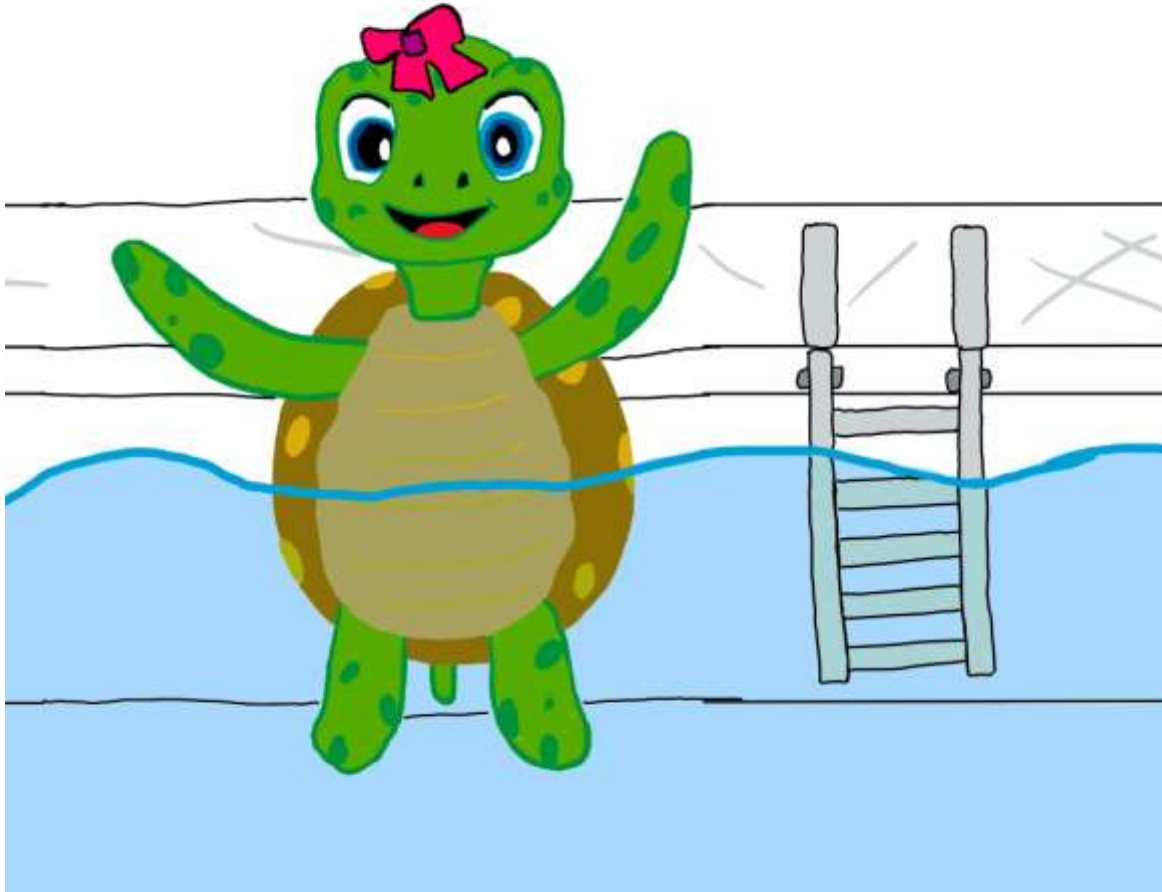
1. Cool down before you go into the water!



2. Leave the water immediately if you get freezing cold!
Take off wet clothes and dry yourself!



3. Only go swimming if you feel good!



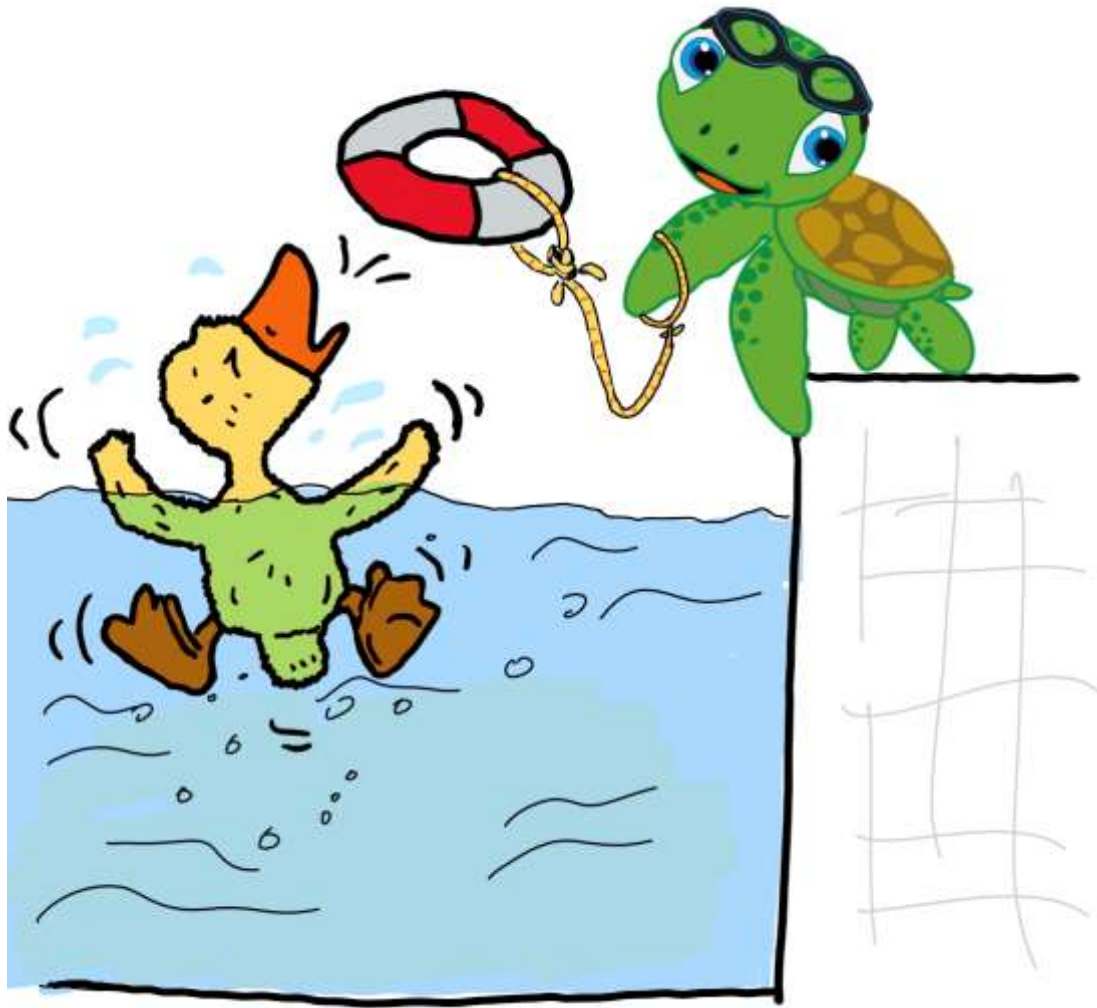
4. If you are a non-swimmer, only enter the water as far as your stomach!



5. Do not jump into unknown waters! Avoid swampy water and water that is full of vegetation!



6. Do not overestimate your strength and your ability! Swimming in the sea is associated with particular dangers.



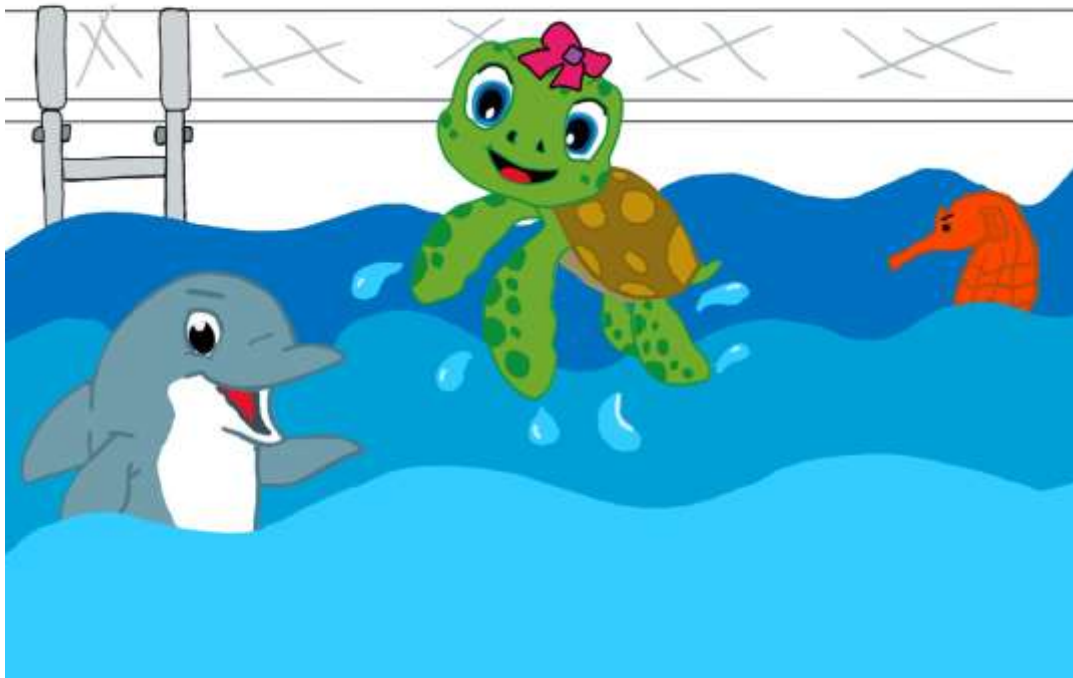
7. Never call for help if you are not in danger! Help others who are calling for help!



8. Inflatable swimming aids, (e.g. airbed) do not offer you safety in the water.



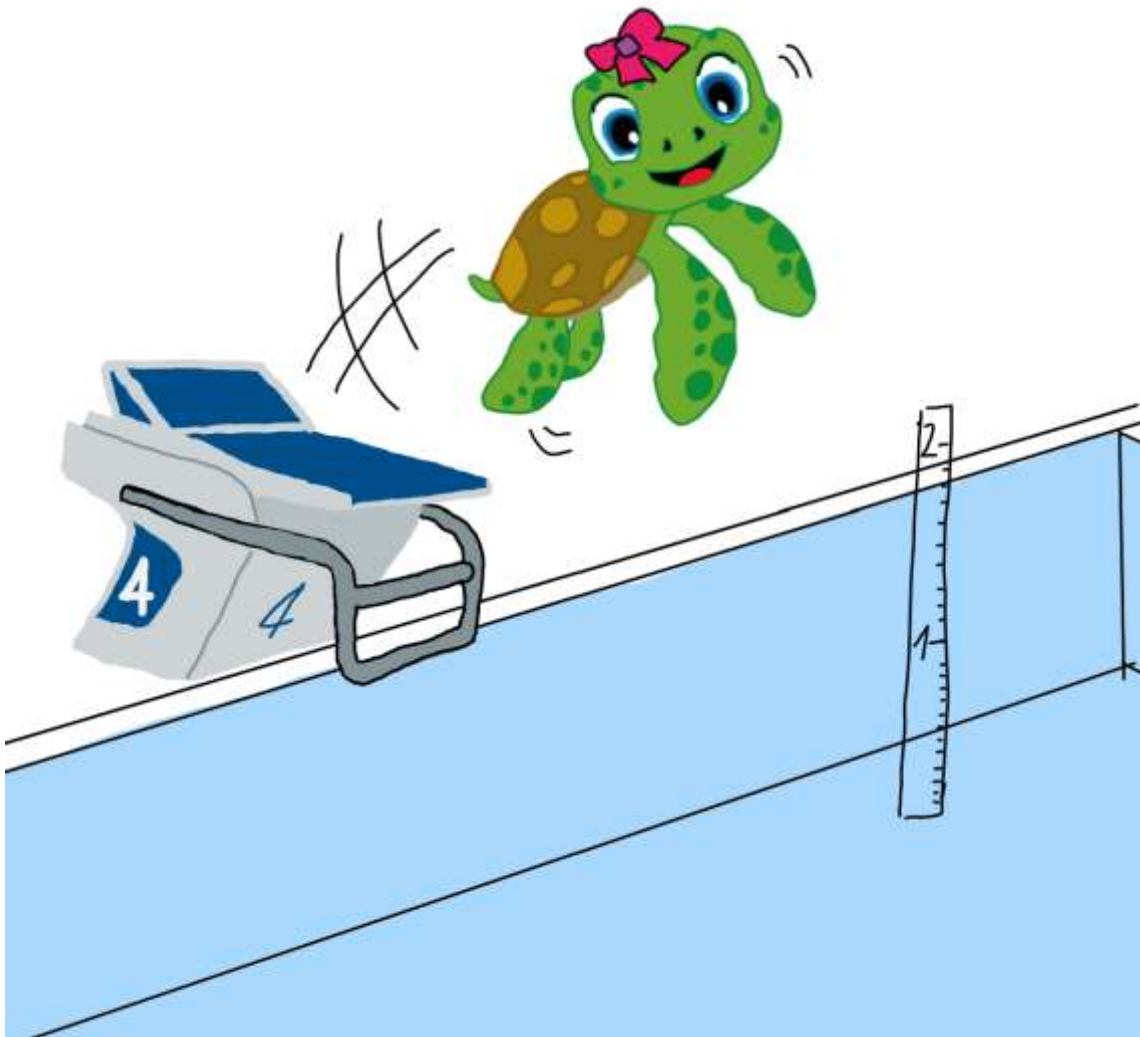
9. Do not swim near ships or boats!



10. Be considerate of other bathers!



11. Bathing during thunderstorms is dangerous.



12. Only jump into the water if it is deep enough and free below you!



13. Do not pollute the water
and keep the environment
clean!



14. Never go into the water with a full or completely empty stomach!