

## **Nordrhein-Westfälische Meisterschaften der Masters Mittlere und Lange Strecken**

vom 22.02.2025 bis 23.02.2025

### **Wettkampfbecken**

10 Bahnen á 50m  
Wassertemperatur ca. 26°C  
Wellenkiller-Leinen  
Handzeitnahme

### **Schwimmbad-Adresse**

Rheinbad Hallenbad Düsseldorf  
Sportpark Nord/Europaplatz  
40474 Düsseldorf

### ***Abschnitt 1 22.02.2025***

Einlass: 13:00 Uhr | Einschwimmen: 13:00 Uhr | Kampfrichtersitzung: 13:30 Uhr | Beginn: 14:00 Uhr

### ***Abschnitt 2 23.02.2025***

Einlass: 13:00 Uhr | Einschwimmen: 13:00 Uhr | Kampfrichtersitzung: 13:30 Uhr | Beginn: 14:00 Uhr

**Veranstalter: Schwimmverband Nordrhein-Westfalen e.V.  
Ausrichter: Düsseldorfer Schwimmclub 1898 e.V.**

## **Abschnitt 1 - Samstag 22.02.2025**

Einlass: 13:00 Uhr | Einschwimmen: 13:00 Uhr | Kampfrichtersitzung: 13:30 Uhr

Beginn: 14:00 Uhr

### **Wettkampfstätte**

Rheinbad Hallenbad Düsseldorf, Sportpark Nord/Europaplatz, 40474 Düsseldorf  
10 Bahnen á 50m, Wellenkiller, Handzeit mit 1 Uhr, Wassertemperatur: ca. 26°C

### **Kampfgericht Abschnitt 1**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Schiedsrichter weiblich	Scheer, Nils	SV NRW
Schiedsrichter männlich	Eckle, Tina	SV NRW
Starter weiblich	Heidenhof, Norbert	SV NRW
Starter männlich	Heidenhof, Norbert	SV NRW
Schwimmrichter 1	Schützendorf, Yvonne	SV NRW
Schwimmrichter 2	Becker, Achim	SV NRW
Sprecher 1	Rothärmel, Saskia	SV NRW
Auswerter 1	Schwentker, Simon	SV NRW
Protokollführer	Schwentker, Simon	SV NRW
Computer 1	SchwimmsportserviceNRW,	

### **Zielgericht**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zielrichterobmann	Bielinski, Axel	SV NRW
Zielrichter 1	Rothärmel, Ulrike	SV NRW
Zielrichter 2	Aretz, Hermann-Josef	SV NRW
Zielrichter 3	Heiko, Krämer	SV NRW
Zielrichter 4	Heidenhof, Norbert	SV NRW

### **Zeitgericht 1**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zeitnehmerobmann	Wachholz, Thomas	SV NRW
Zeitnehmer Bahn 0	Johannsen, Wichard	SV NRW
Zeitnehmer Bahn 1	Werminghaus, Holger	SV NRW
Zeitnehmer Bahn 2	Gäth, Holger	SV NRW
Zeitnehmer Bahn 3	Medve, Kriszta	SV NRW
Zeitnehmer Bahn 4	Steinhoff, Eva	SV NRW
Zeitnehmer Bahn 5	Teckentrup, Maja	SV NRW
Zeitnehmer Bahn 6	Karl-Heinz, Kranz	SV NRW
Zeitnehmer Bahn 7	Nicole, Mähne	SV NRW
Zeitnehmer Bahn 8	Holzhäuer, Christoph	SV NRW
Zeitnehmer Bahn 9	Scheer, Mark	SV NRW
Reservezeitnehmer 1	Wachholz, Thomas	SV NRW

**noch Kampfgericht Abschnitt 1****Wendegericht**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Wenderichter Obmann	Schulz, Ingo	SV NRW
Wenderichter Bahn 0	Schulz, Ingo	SV NRW
Wenderichter Bahn 1	Kreilkamp, Lars	SV NRW
Wenderichter Bahn 2	Kreilkamp, Lars	SV NRW
Wenderichter Bahn 3	Sieven, Inga	SV NRW
Wenderichter Bahn 4	Sieven, Inga	SV NRW
Wenderichter Bahn 5	Huth, Katharina	SV NRW
Wenderichter Bahn 6	Rudkowski, Fabian	SV NRW
Wenderichter Bahn 7	Rudkowski, Fabian	SV NRW
Wenderichter Bahn 8	Christine, Köhne	SV NRW
Wenderichter Bahn 9	Christine, Köhne	SV NRW

## Wettkampffolge für Abschnitt 1

Wettkampf 1 - 400m Freistil weiblich

Wettkampf 2 - 400m Freistil männlich

Wettkampf 3 - 400m Lagen weiblich

Wettkampf 4 - 400m Lagen männlich

## Wettkampf 1 - 400m Freistil weiblich

### AK 85

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Reich, Helga	1936/AK 85	SC Wiking Herne 1921	08:43,17
	100m: 01:59,24 (01:59,24)   200m: 04:12,66 (02:13,42)   300m: 06:28,23 (02:15,57)   400m: 08:43,17 (02:14,94)			

### AK 80

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Schreiber, Christel	1941/AK 80	Schwimmverein Langenfeld 1912	09:51,75
	100m: 02:21,03 (02:21,03)   200m: 04:53,53 (02:32,50)   300m: 07:25,36 (02:31,83)   400m: 09:51,75 (02:26,39)			

### AK 70

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Markefka, Heidi	1954/AK 70	SG Neuss	07:20,23
	100m: 01:42,20 (01:42,20)   200m: 03:34,95 (01:52,75)   300m: 05:27,76 (01:52,81)   400m: 07:20,23 (01:52,47)			
2.	Freund, Emily	1953/AK 70	SG Neuss	08:53,49
	100m: 01:58,96 (01:58,96)   200m: 04:16,86 (02:17,90)   300m: 06:36,64 (02:19,78)   400m: 08:53,49 (02:16,85)			
	<u>nicht am Start</u>			
	Sewald, Gabriele	1955/AK 70	1. Paderborner SV 1911	

### AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Lange, Ute	1964/AK 60	TG Lage	06:16,29
	100m: 01:30,28 (01:30,28)   200m: 03:07,07 (01:36,79)   300m: 04:43,51 (01:36,44)   400m: 06:16,29 (01:32,78)			
2.	Botz, Undine	1965/AK 60	SV Hagen 1894	06:43,16
	100m: 01:33,79 (01:33,79)   200m: 03:15,26 (01:41,47)   300m: 04:59,45 (01:44,19)   400m: 06:43,16 (01:43,71)			
3.	Voigt, Birgit	1964/AK 60	S.V. Bergisch Gladbach 1920/71 e.V.	06:45,60
	100m: 01:34,58 (01:34,58)   200m: 03:18,38 (01:43,80)   300m: 05:04,41 (01:46,03)   400m: 06:45,60 (01:41,19)			

### AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Thielemann, Claudia	1968/AK 55	SG Bayer	05:06,32
	100m: 01:13,65 (01:13,65)   200m: 02:31,30 (01:17,65)   300m: 03:48,78 (01:17,48)   400m: 05:06,32 (01:17,54)			
2.	Haselhoff, Verena	1966/AK 55	SSV Meschede	05:16,56
	100m: 01:13,96 (01:13,96)   200m: 02:34,55 (01:20,59)   300m: 03:56,22 (01:21,67)   400m: 05:16,56 (01:20,34)			
3.	Blum, Petra	1968/AK 55	SG Bayer	05:40,09
	100m: 01:20,73 (01:20,73)   200m: 02:48,37 (01:27,64)   300m: 04:15,62 (01:27,25)   400m: 05:40,09 (01:24,47)			
4.	Ashauer, Katharina	1970/AK 55	SG Wuppertal	05:51,16
	100m: 01:22,60 (01:22,60)   200m: 02:51,36 (01:28,76)   300m: 04:21,95 (01:30,59)   400m: 05:51,16 (01:29,21)			
5.	Kränsel, Irena	1968/AK 55	SG Wuppertal	06:28,24
	100m: 01:27,55 (01:27,55)   200m: 03:07,74 (01:40,19)   300m: 04:47,36 (01:39,62)   400m: 06:28,24 (01:40,88)			

**noch Wettkampf 1 - 400m Freistil weiblich**
**noch AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
6.	Spieker, Celine	1967/AK 55	SV Blau-Weiß Bochum	06:35,20
	100m: 01:27,23 (01:27,23)   200m: 03:10,83 (01:43,60)   300m: 04:56,22 (01:45,39)   400m: 06:35,20 (01:38,98)			

**AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Kroes, Marion	1973/AK 50	SV Hagen 1894	05:59,11
	100m: 01:21,39 (01:21,39)   200m: 02:53,29 (01:31,90)   300m: 04:26,10 (01:32,81)   400m: 05:59,11 (01:33,01)			
2.	Sander, Celia	1972/AK 50	Duisburger ST	06:07,86
	100m: 01:21,34 (01:21,34)   200m: 02:54,63 (01:33,29)   300m: 04:32,21 (01:37,58)   400m: 06:07,86 (01:35,65)			
3.	Loeb, Stefanie	1974/AK 50	ASV Duisburg	06:36,08
	100m: 01:31,60 (01:31,60)   200m: 03:12,57 (01:40,97)   300m: 04:56,35 (01:43,78)   400m: 06:36,08 (01:39,73)			

**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Richter, Desiree	1980/AK 45	SG Wuppertal	05:14,36
	100m: 01:14,03 (01:14,03)   200m: 02:33,95 (01:19,92)   300m: 03:54,37 (01:20,42)   400m: 05:14,36 (01:19,99)			
2.	Koch, Merle	1976/AK 45	1. Paderborner SV 1911	05:30,16
	100m: 01:17,26 (01:17,26)   200m: 02:41,20 (01:23,94)   300m: 04:06,23 (01:25,03)   400m: 05:30,16 (01:23,93)			
3.	Brand, Daniela	1978/AK 45	SV Hagen 1894	05:45,26
	100m: 01:19,73 (01:19,73)   200m: 02:48,06 (01:28,33)   300m: 04:17,42 (01:29,36)   400m: 05:45,26 (01:27,84)			
4.	Lenz, Tanja	1979/AK 45	SG Bayer	06:13,02
	100m: 01:28,42 (01:28,42)   200m: 03:04,02 (01:35,60)   300m: 04:39,77 (01:35,75)   400m: 06:13,02 (01:33,25)			
5.	Drews, Kerren	1980/AK 45	Schwimmverein Langenfeld 1912	06:42,53
	100m: 01:33,29 (01:33,29)   200m: 03:16,59 (01:43,30)   300m: 05:00,81 (01:44,22)   400m: 06:42,53 (01:41,72)			
6.	Klingenberg, Anja	1976/AK 45	SG Neuss	06:56,65
	100m: 01:31,96 (01:31,96)   200m: 03:18,59 (01:46,63)   300m: 05:07,06 (01:48,47)   400m: 06:56,65 (01:49,59)			

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Beckmann, Carla	1984/AK 40	Wasserfreunde Bielefeld	04:58,77
	100m: 01:11,68 (01:11,68)   200m: 02:28,17 (01:16,49)   300m: 03:44,18 (01:16,01)   400m: 04:58,77 (01:14,59)			
2.	Pawlik, Maïke	1983/AK 40	Schwimmverein Langenfeld 1912	05:52,69
	100m: 01:20,31 (01:20,31)   200m: 02:51,12 (01:30,81)   300m: 04:23,84 (01:32,72)   400m: 05:52,69 (01:28,85)			

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Koch, Anke	1988/AK 35	Wassersportverein Herringen 1929 e.V.	05:46,93
	100m: 01:18,38 (01:18,38)   200m: 02:45,94 (01:27,56)   300m: 04:15,93 (01:29,99)   400m: 05:46,93 (01:31,00)			
2.	Lütnant, Anja	1986/AK 35	Düsseldorf Dolphins	06:09,65
	100m: 01:23,82 (01:23,82)   200m: 02:58,60 (01:34,78)   300m: 04:34,77 (01:36,17)   400m: 06:09,65 (01:34,88)			

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Reichel-Deland, Vanessa	1994/AK 30	Freie Schwimmer Düsseldorf 1910	05:04,12
	100m: 01:11,31 (01:11,31)   200m: 02:29,36 (01:18,05)   300m: 03:47,93 (01:18,57)   400m: 05:04,12 (01:16,19)			

## noch Wettkampf 1 - 400m Freistil weiblich

### noch AK 30

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Ames, Svenja	1991/AK 30	SC Undine Beckum	05:19,10
	100m: 01:13,54 (01:13,54)   200m: 02:34,51 (01:20,97)   300m: 03:57,16 (01:22,65)   400m: 05:19,10 (01:21,94)			
	<u>nicht am Start</u>			
	Krysiak, Olga	1991/AK 30	Team Bochum	
	Meuthen, Enoh	1991/AK 30	SG Bayer	

### AK 25

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Otto, Fabienne	2000/AK 25	swimART-Solingen	04:53,59
	100m: 01:10,39 (01:10,39)   200m: 02:24,82 (01:14,43)   300m: 03:38,96 (01:14,14)   400m: 04:53,59 (01:14,63)			
2.	Schäfer, Carolina	2000/AK 25	SG Neuss	05:23,89
	100m: 01:13,94 (01:13,94)   200m: 02:37,89 (01:23,95)   300m: 04:01,46 (01:23,57)   400m: 05:23,89 (01:22,43)			
	<u>nicht am Start</u>			
	Kramer, Ayleen	1999/AK 25	SV Hagen 1894	

### AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Vollmer, Mia	2003/AK 20	Freie Schwimmer Düsseldorf 1910	04:45,36
	100m: 01:07,20 (01:07,20)   200m: 02:20,00 (01:12,80)   300m: 03:33,26 (01:13,26)   400m: 04:45,36 (01:12,10)			
2.	Nilgen, Annike	2004/AK 20	TV Korschenbroich	05:26,13
	100m: 01:14,97 (01:14,97)   200m: 02:37,59 (01:22,62)   300m: 04:03,27 (01:25,68)   400m: 05:26,13 (01:22,86)			
3.	Lekon, Annika	2003/AK 20	SG Schwimmen Münster	05:26,39
	100m: 01:17,42 (01:17,42)   200m: 02:41,12 (01:23,70)   300m: 04:04,17 (01:23,05)   400m: 05:26,39 (01:22,22)			
4.	Mantau, Delia	2003/AK 20	SV Wasserfreunde Soest e.V. 1913	05:39,56
	100m: 01:18,19 (01:18,19)   200m: 02:44,98 (01:26,79)   300m: 04:14,50 (01:29,52)   400m: 05:39,56 (01:25,06)			
5.	Walter, Lea	2004/AK 20	SG Siegen	05:40,02
	100m: 01:14,34 (01:14,34)   200m: 02:41,84 (01:27,50)   300m: 04:12,12 (01:30,28)   400m: 05:40,02 (01:27,90)			
6.	Winkelhaus, Luca	2003/AK 20	TG ENNIGLOH	05:41,71
	100m: 01:19,67 (01:19,67)   200m: 02:46,76 (01:27,09)   300m: 04:15,09 (01:28,33)   400m: 05:41,71 (01:26,62)			
7.	Grosnitz, Marlen	2004/AK 20	TG ENNIGLOH	06:34,12
	100m: 01:30,37 (01:30,37)   200m: 03:11,61 (01:41,24)   300m: 04:54,35 (01:42,74)   400m: 06:34,12 (01:39,77)			
	<u>nicht am Start</u>			
	Huppertz, Pia Sophie	2002/AK 20	Brander SV 1973 e.V.	

## Wettkampf 2 - 400m Freistil männlich

### AK 75

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Mitlewski, Günter	1946/AK 75	SV Blau-Weiß Bochum	07:24,88
	100m: 01:42,36 (01:42,36)   200m: 03:36,84 (01:54,48)   300m: 05:32,03 (01:55,19)   400m: 07:24,88 (01:52,85)			
2.	Henn, Lothar	1950/AK 75	Turn- u. Skiklub Breckerfeld	10:14,25
	100m: 02:23,88 (02:23,88)   200m: 05:03,85 (02:39,97)   300m: 07:42,77 (02:38,92)   400m: 10:14,25 (02:31,48)			
	<u>disqualifiziert</u>			
	Harms, Rainer	1950/AK 75	SV Blau-Weiß Bochum	
	Der Sportler hat ein unerlaubtes Hilfsmittel genutzt			
	Uhrzeit der Bekanntgabe: 14:54			

**noch Wettkampf 2 - 400m Freistil männlich**
**AK 70**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Nottrodt, Karl-Heinz	1952/AK 70	SG Mönchengladbach	05:31,82
	100m: 01:20,04 (01:20,04)   200m: 02:45,52 (01:25,48)   300m: 04:10,48 (01:24,96)   400m: 05:31,82 (01:21,34)			
	<u>abgemeldet</u>			
	Uhlich, Günter	1952/AK 70	SG Gladbeck/Recklinghausen	

**AK 65**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Ludwig, Walter	1959/AK 65	SSF Sieglar 60	06:05,27
	100m: 01:25,98 (01:25,98)   200m: 03:00,65 (01:34,67)   300m: 04:34,84 (01:34,19)   400m: 06:05,27 (01:30,43)			
2.	Rossa, Wolfgang	1958/AK 65	TPSK 1925 e.V.	06:18,08
	100m: 01:28,75 (01:28,75)   200m: 03:05,01 (01:36,26)   300m: 04:41,84 (01:36,83)   400m: 06:18,08 (01:36,24)			
3.	Irlé, Friedrich	1957/AK 65	SC Wiking Herne 1921	07:00,42
	100m: 01:38,89 (01:38,89)   200m: 03:27,24 (01:48,35)   300m: 05:15,52 (01:48,28)   400m: 07:00,42 (01:44,90)			
	<u>abgemeldet</u>			
	Draschner, Wolfgang	1960/AK 65	S.V. Bergisch Gladbach 1920/71 e.V.	
	Rosenbaum, Dieter	1957/AK 65	Wasser + Freizeit Verein Münster e.V.	

**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Schröder, Lutz	1965/AK 60	Freie Schwimmer Düsseldorf 1910	05:27,70
	100m: 01:18,54 (01:18,54)   200m: 02:41,89 (01:23,35)   300m: 04:05,42 (01:23,53)   400m: 05:27,70 (01:22,28)			
2.	Dillig, Ralf	1965/AK 60	Duisburger ST	05:32,55
	100m: 01:18,24 (01:18,24)   200m: 02:43,89 (01:25,65)   300m: 04:09,08 (01:25,19)   400m: 05:32,55 (01:23,47)			
3.	Deidewig, Frank	1964/AK 60	SG Essen	05:50,69
	100m: 01:22,76 (01:22,76)   200m: 02:52,91 (01:30,15)   300m: 04:23,29 (01:30,38)   400m: 05:50,69 (01:27,40)			
4.	Ueberhorst, Dirk	1962/AK 60	SG Rhein-Sieg	06:19,37
	100m: 01:26,29 (01:26,29)   200m: 03:04,11 (01:37,82)   300m: 04:43,25 (01:39,14)   400m: 06:19,37 (01:36,12)			
	<u>nicht am Start</u>			
	Altstädt, Andreas	1963/AK 60	Heiligenhauser SV	
	Wölfel, Thomas	1962/AK 60	ASV Duisburg	
	<u>disqualifiziert</u>			
	Gotsch, Helmut	1962/AK 60	Duisburger ST	
	Der Sportler verwendete ein unerlaubtes Hilfsmittel Uhrzeit der Bekanntgabe: 14:57			

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Werkhausen, Axel	1970/AK 55	SSF Bonn	04:44,80
	100m: 01:07,94 (01:07,94)   200m: 02:20,76 (01:12,82)   300m: 03:34,78 (01:14,02)   400m: 04:44,80 (01:10,02)			
2.	Kuhn, Karsten	1969/AK 55	Wassersportverein Herringen 1929 e.V.	05:26,89
	100m: 01:12,54 (01:12,54)   200m: 02:36,57 (01:24,03)   300m: 04:02,64 (01:26,07)   400m: 05:26,89 (01:24,25)			
3.	Seibert, Ingolf	1969/AK 55	Schwimmverein Langenfeld 1912	05:38,64
	100m: 01:19,30 (01:19,30)   200m: 02:46,99 (01:27,69)   300m: 04:15,08 (01:28,09)   400m: 05:38,64 (01:23,56)			
4.	Hildebrandt, Markus	1969/AK 55	SG Essen	05:39,93
	100m: 01:17,78 (01:17,78)   200m: 02:44,89 (01:27,11)   300m: 04:14,31 (01:29,42)   400m: 05:39,93 (01:25,62)			

## noch Wettkampf 2 - 400m Freistil männlich

### noch AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
5.	Wrona, Torsten	1969/AK 55	SV Blau-Weiß Bochum	05:41,96
	100m: 01:19,37 (01:19,37)   200m: 02:46,18 (01:26,81)   300m: 04:14,41 (01:28,23)   400m: 05:41,96 (01:27,55)			
6.	Dathe, Steffen	1967/AK 55	SG Bayer	06:52,82
	100m: 01:26,61 (01:26,61)   200m: 03:12,84 (01:46,23)   300m: 05:03,53 (01:50,69)   400m: 06:52,82 (01:49,29)			
7.	Jeremias, Alexis	1967/AK 55	SG Neuss	08:28,41
	100m: 01:54,07 (01:54,07)   200m: 04:04,85 (02:10,78)   300m: 06:18,64 (02:13,79)   400m: 08:28,41 (02:09,77)			

### AK 50

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Knillmann, Markus	1971/AK 50	SV Neptun Erkenschwick	05:22,55
	100m: 01:13,73 (01:13,73)   200m: 02:36,05 (01:22,32)   300m: 03:59,54 (01:23,49)   400m: 05:22,55 (01:23,01)			
2.	Loeb, Patrick	1974/AK 50	ASV Duisburg	05:53,79
	100m: 01:20,87 (01:20,87)   200m: 02:52,71 (01:31,84)   300m: 04:24,00 (01:31,29)   400m: 05:53,79 (01:29,79)			
3.	Bruzinski, Michael	1971/AK 50	SG Essen	05:58,67
	100m: 01:21,78 (01:21,78)   200m: 02:53,96 (01:32,18)   300m: 04:27,18 (01:33,22)   400m: 05:58,67 (01:31,49)			

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Helesch, Christian	1979/AK 45	SG Mülheim	05:06,57
	100m: 01:07,64 (01:07,64)   200m: 02:24,76 (01:17,12)   300m: 03:44,32 (01:19,56)   400m: 05:06,57 (01:22,25)			
2.	Borgstedt, Marc Oliver	1980/AK 45	SG Bayer	05:17,50
	100m: 01:14,40 (01:14,40)   200m: 02:35,96 (01:21,56)   300m: 03:58,72 (01:22,76)   400m: 05:17,50 (01:18,78)			
3.	Kielblock, Sven	1976/AK 45	Brander SV 1973 e.V.	05:21,49
	100m: 01:12,49 (01:12,49)   200m: 02:35,30 (01:22,81)   300m: 03:59,36 (01:24,06)   400m: 05:21,49 (01:22,13)			
4.	Dolkemeyer, Jan	1978/AK 45	Brander SV 1973 e.V.	05:24,34
	100m: 01:13,52 (01:13,52)   200m: 02:34,35 (01:20,83)   300m: 04:00,03 (01:25,68)   400m: 05:24,34 (01:24,31)			
5.	Ramirez Orgando, Grodecz Alfredo	1976/AK 45	SG Wuppertal	05:39,13
	100m: 01:18,92 (01:18,92)   200m: 02:46,51 (01:27,59)   300m: 04:15,05 (01:28,54)   400m: 05:39,13 (01:24,08)			
6.	Holzum, Michael	1979/AK 45	SWIM-TEAM TV 1862 Geseke	05:48,79
	100m: 01:16,76 (01:16,76)   200m: 02:44,93 (01:28,17)   300m: 04:17,96 (01:33,03)   400m: 05:48,79 (01:30,83)			
7.	Jakert, Stefan	1979/AK 45	SC Wiking Herne 1921	05:48,95
	100m: 01:18,88 (01:18,88)   200m: 02:49,42 (01:30,54)   300m: 04:22,02 (01:32,60)   400m: 05:48,95 (01:26,93)			
8.	Krüger, Michel	1978/AK 45	Düsseldorf Dolphins	06:05,80
	100m: 01:17,14 (01:17,14)   200m: 02:49,91 (01:32,77)   300m: 04:28,27 (01:38,36)   400m: 06:05,80 (01:37,53)			
9.	Biesterfeld-Kuhn, Andreas	1977/AK 45	Düsseldorf Dolphins	06:45,11
	100m: 01:25,19 (01:25,19)   200m: 03:09,58 (01:44,39)   300m: 04:59,22 (01:49,64)   400m: 06:45,11 (01:45,89)			

### AK 40

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Werner, Florian	1984/AK 40	TG ENNIGLOH	05:17,75
	100m: 01:13,39 (01:13,39)   200m: 02:34,41 (01:21,02)   300m: 03:56,89 (01:22,48)   400m: 05:17,75 (01:20,86)			

### AK 35

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Guillén Garcia, Marcos	1989/AK 35	Düsseldorfer SC 1898	04:49,58
	100m: 01:06,89 (01:06,89)   200m: 02:20,05 (01:13,16)   300m: 03:35,30 (01:15,25)   400m: 04:49,58 (01:14,28)			
2.	Versteeg, Rolf Baldwin	1990/AK 35	Brander SV 1973 e.V.	05:09,08
	100m: 01:11,90 (01:11,90)   200m: 02:32,16 (01:20,26)   300m: 03:52,82 (01:20,66)   400m: 05:09,08 (01:16,26)			



## noch Wettkampf 2 - 400m Freistil männlich

### noch AK 35

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
3.	Sie, Henrik	1988/AK 35	Düsseldorf Dolphins	05:37,69
100m: 01:14,64 (01:14,64)   200m: 02:39,39 (01:24,75)   300m: 04:08,45 (01:29,06)   400m: 05:37,69 (01:29,24)				

### AK 30

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Bock, Christian	1993/AK 30	SG Essen	04:58,01
100m: 01:07,84 (01:07,84)   200m: 02:23,37 (01:15,53)   300m: 03:40,53 (01:17,16)   400m: 04:58,01 (01:17,48)				
2.	Mielke, Jan	1992/AK 30	ST Bielefeld	05:08,23
100m: 01:09,15 (01:09,15)   200m: 02:26,30 (01:17,15)   300m: 03:46,95 (01:20,65)   400m: 05:08,23 (01:21,28)				
3.	Kohlmetz, Niclas	1994/AK 30	TB Wülfrath	05:24,67
100m: 01:09,72 (01:09,72)   200m: 02:30,89 (01:21,17)   300m: 03:57,53 (01:26,64)   400m: 05:24,67 (01:27,14)				
4.	Podzimek, Pascal	1991/AK 30	ASV Duisburg	05:32,10
100m: 01:11,48 (01:11,48)   200m: 02:35,75 (01:24,27)   300m: 04:04,07 (01:28,32)   400m: 05:32,10 (01:28,03)				

### AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Owie, Louis	2005/AK 20	SG Siegen	04:59,05
100m: 01:04,71 (01:04,71)   200m: 02:22,68 (01:17,97)   300m: 03:43,46 (01:20,78)   400m: 04:59,05 (01:15,59)				
2.	Knein, Pascal	2004/AK 20	SG Erkelenz-Hückelhoven	05:02,35
100m: 01:06,87 (01:06,87)   200m: 02:24,47 (01:17,60)   300m: 03:44,48 (01:20,01)   400m: 05:02,35 (01:17,87)				
3.	Bruzinski, Niklas	2001/AK 20	SV Kettwig 1907	05:38,05
100m: 01:12,21 (01:12,21)   200m: 02:39,50 (01:27,29)   300m: 04:08,85 (01:29,35)   400m: 05:38,05 (01:29,20)				

nicht am Start

Klein, Rene 2005/AK 20 SG Erkelenz-Hückelhoven

## Wettkampf 3 - 400m Lagen weiblich

### AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Brkowski, Gabriele	1961/AK 60	SV Hagen 1894	06:45,37
100m: 01:33,81 (01:33,81)   200m: 03:15,11 (01:41,30)   300m: 05:17,09 (02:01,98)   400m: 06:45,37 (01:28,28)				

### AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Thielemann, Claudia	1968/AK 55	SG Bayer	05:50,78
100m: 01:17,59 (01:17,59)   200m: 02:50,47 (01:32,88)   300m: 04:32,28 (01:41,81)   400m: 05:50,78 (01:18,50)				
2.	Haselhoff, Verena	1966/AK 55	SSV Meschede	06:10,52
100m: 01:23,58 (01:23,58)   200m: 02:58,39 (01:34,81)   300m: 04:52,13 (01:53,74)   400m: 06:10,52 (01:18,39)				
3.	Kränsel, Irena	1968/AK 55	SG Wuppertal	07:39,45
100m: 01:55,59 (01:55,59)   200m: 03:45,34 (01:49,75)   300m: 05:59,24 (02:13,90)   400m: 07:39,45 (01:40,21)				

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Richter, Desiree	1980/AK 45	SG Wuppertal	05:52,52
100m: 01:23,45 (01:23,45)   200m: 02:54,74 (01:31,29)   300m: 04:36,14 (01:41,40)   400m: 05:52,52 (01:16,38)				

**noch Wettkampf 3 - 400m Lagen weiblich**
**noch AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Klütemeyer, Christine	1979/AK 45	SSF Bonn	06:26,03
	100m: 01:22,93 (01:22,93)   200m: 03:04,22 (01:41,29)   300m: 04:56,12 (01:51,90)   400m: 06:26,03 (01:29,91)			
3.	Kremer, Ute	1978/AK 45	SG Erkelenz-Hückelhoven	07:26,36
	100m: 01:40,89 (01:40,89)   200m: 03:40,23 (01:59,34)   300m: 05:39,42 (01:59,19)   400m: 07:26,36 (01:46,94)			
4.	Lenz, Tanja	1979/AK 45	SG Bayer	07:54,34
	100m: 01:59,17 (01:59,17)   200m: 04:17,94 (02:18,77)   300m: 06:15,93 (01:57,99)   400m: 07:54,34 (01:38,41)			

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Grothe, Sarah	1983/AK 40	SC Wiking Herne 1921	06:35,04
	100m: 01:25,20 (01:25,20)   200m: 03:10,60 (01:45,40)   300m: 05:04,16 (01:53,56)   400m: 06:35,04 (01:30,88)			

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Frede, Lisa-Kathrin	1990/AK 35	Düsseldorfer SC 1898	07:14,98
	100m: 01:46,80 (01:46,80)   200m: 03:45,29 (01:58,49)   300m: 05:39,79 (01:54,50)   400m: 07:14,98 (01:35,19)			

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Eser, Franziska	1995/AK 30	SG Erkelenz-Hückelhoven	06:12,62
	100m: 01:26,42 (01:26,42)   200m: 03:07,39 (01:40,97)   300m: 04:47,64 (01:40,25)   400m: 06:12,62 (01:24,98)			
2.	Roskosch, Stefanie	1994/AK 30	SV Blau-Weiß Bochum	06:12,80
	100m: 01:18,07 (01:18,07)   200m: 02:58,46 (01:40,39)   300m: 04:50,87 (01:52,41)   400m: 06:12,80 (01:21,93)			
3.	Keller, Lena	1994/AK 30	SG Erkelenz-Hückelhoven	06:51,09
	100m: 01:42,16 (01:42,16)   200m: 03:27,24 (01:45,08)   300m: 05:17,15 (01:49,91)   400m: 06:51,09 (01:33,94)			

**AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Otto, Fabienne	2000/AK 25	swimART-Solingen	05:46,42
	100m: 01:19,51 (01:19,51)   200m: 02:50,70 (01:31,19)   300m: 04:29,67 (01:38,97)   400m: 05:46,42 (01:16,75)			
2.	Pacht, Daniela	1999/AK 25	TB Wülfrath	06:39,49
	100m: 01:29,64 (01:29,64)   200m: 03:12,02 (01:42,38)   300m: 05:05,49 (01:53,47)   400m: 06:39,49 (01:34,00)			

**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Walter, Lea	2004/AK 20	SG Siegen	06:17,08
	100m: 01:29,72 (01:29,72)   200m: 03:08,29 (01:38,57)   300m: 04:52,42 (01:44,13)   400m: 06:17,08 (01:24,66)			
2.	Kaygusuz, Leyan	2004/AK 20	SC Wiking Herne 1921	06:36,35
	100m: 01:33,58 (01:33,58)   200m: 03:14,40 (01:40,82)   300m: 04:59,43 (01:45,03)   400m: 06:36,35 (01:36,92)			
3.	Mantau, Delia	2003/AK 20	SV Wasserfreunde Soest e.V. 1913	06:40,01
	100m: 01:33,34 (01:33,34)   200m: 03:18,51 (01:45,17)   300m: 05:13,77 (01:55,26)   400m: 06:40,01 (01:26,24)			
4.	Wenzel, Elina	2001/AK 20	TB Wülfrath	06:47,97
	100m: 01:33,50 (01:33,50)   200m: 03:23,00 (01:49,50)   300m: 05:14,67 (01:51,67)   400m: 06:47,97 (01:33,30)			

**Wettkampf 4 - 400m Lagen männlich**

**noch Wettkampf 4 - 400m Lagen männlich**
**AK 75**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Belardi, Nando	1946/AK 75	SSF Bonn	11:10,44
	100m: 03:09,94 (03:09,94)   200m: 05:55,34 (02:45,40)   300m: 08:56,13 (03:00,79)   400m: 11:10,44 (02:14,31)			

**AK 70**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Bloch, Herbert	1952/AK 70	SG Gladbeck/Recklinghausen	07:58,98
	100m: 01:46,37 (01:46,37)   200m: 04:03,39 (02:17,02)   300m: 06:08,82 (02:05,43)   400m: 07:58,98 (01:50,16)			

**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Spickenbaum, Thomas	1961/AK 60	SG Gladbeck/Recklinghausen	07:00,29
	100m: 01:41,60 (01:41,60)   200m: 03:25,67 (01:44,07)   300m: 05:28,95 (02:03,28)   400m: 07:00,29 (01:31,34)			
2.	Heuer, Wolfgang	1965/AK 60	SV Übach-Palenberg	08:15,83
	100m: 02:19,83 (02:19,83)   200m: 04:23,89 (02:04,06)   300m: 06:29,03 (02:05,14)   400m: 08:15,83 (01:46,80)			
	<u>nicht am Start</u>			
	Altstädt, Andreas	1963/AK 60	Heiligenhauser SV	
	Knein, Alfons	1965/AK 60	SG Erkelenz-Hückelhoven	

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Millers, Matthias	1970/AK 55	SG Wuppertal	05:27,18
	100m: 01:11,28 (01:11,28)   200m: 02:36,20 (01:24,92)   300m: 04:12,18 (01:35,98)   400m: 05:27,18 (01:15,00)			
2.	Bieneke, Bernd	1966/AK 55	SG Gladbeck/Recklinghausen	06:39,99
	100m: 01:35,27 (01:35,27)   200m: 03:21,20 (01:45,93)   300m: 05:07,95 (01:46,75)   400m: 06:39,99 (01:32,04)			
3.	Hildebrandt, Markus	1969/AK 55	SG Essen	07:02,56
	100m: 01:41,04 (01:41,04)   200m: 03:29,00 (01:47,96)   300m: 05:35,42 (02:06,42)   400m: 07:02,56 (01:27,14)			

**AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Sloboda, Oliver	1975/AK 50	Schwimmverein Kamen 1891	05:52,69
	100m: 01:16,44 (01:16,44)   200m: 02:53,68 (01:37,24)   300m: 04:31,08 (01:37,40)   400m: 05:52,69 (01:21,61)			
2.	Hanstein, Michael	1972/AK 50	SG Wuppertal	06:06,77
	100m: 01:24,88 (01:24,88)   200m: 03:07,06 (01:42,18)   300m: 04:51,15 (01:44,09)   400m: 06:06,77 (01:15,62)			
3.	Nachtigall, Harald	1972/AK 50	SG Essen	06:08,54
	100m: 01:21,72 (01:21,72)   200m: 03:03,32 (01:41,60)   300m: 04:45,33 (01:42,01)   400m: 06:08,54 (01:23,21)			
4.	Kremer, Kai	1972/AK 50	SG Erkelenz-Hückelhoven	06:10,66
	100m: 01:22,69 (01:22,69)   200m: 03:06,90 (01:44,21)   300m: 04:45,21 (01:38,31)   400m: 06:10,66 (01:25,45)			

**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Grundmann, Oliver	1978/AK 45	SG Essen	05:35,08
	100m: 01:09,11 (01:09,11)   200m: 02:38,38 (01:29,27)   300m: 04:16,25 (01:37,87)   400m: 05:35,08 (01:18,83)			
2.	Helesch, Christian	1979/AK 45	SG Mülheim	05:45,93
	100m: 01:14,84 (01:14,84)   200m: 02:42,93 (01:28,09)   300m: 04:25,61 (01:42,68)   400m: 05:45,93 (01:20,32)			

**noch Wettkampf 4 - 400m Lagen männlich**
**noch AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
3.	Leuchtmann, Timm	1978/AK 45	SG Neuss	05:51,99
	100m: 01:17,31 (01:17,31)   200m: 02:54,05 (01:36,74)   300m: 04:29,09 (01:35,04)   400m: 05:51,99 (01:22,90)			
4.	Krüger, Michel	1978/AK 45	Düsseldorf Dolphins	07:10,23
	100m: 01:29,92 (01:29,92)   200m: 03:28,02 (01:58,10)   300m: 05:28,07 (02:00,05)   400m: 07:10,23 (01:42,16)			
5.	Hansmann, Ingemar	1976/AK 45	1. Paderborner SV 1911	07:27,20
	100m: 01:39,66 (01:39,66)   200m: 03:39,80 (02:00,14)   300m: 05:51,15 (02:11,35)   400m: 07:27,20 (01:36,05)			

nicht am Start

Borgstedt, Marc Oliver 1980/AK 45 SG Bayer

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Drees, Bastian	1981/AK 40	SSV Meschede	05:39,86
	100m: 01:18,73 (01:18,73)   200m: 02:43,43 (01:24,70)   300m: 04:19,09 (01:35,66)   400m: 05:39,86 (01:20,77)			
2.	Theuer, Markus	1984/AK 40	SG Erkelenz-Hückelhoven	05:49,30
	100m: 01:17,49 (01:17,49)   200m: 02:49,39 (01:31,90)   300m: 04:26,00 (01:36,61)   400m: 05:49,30 (01:23,30)			
3.	Roedenbeck, Oliver	1985/AK 40	TB Wülfrath	06:15,80
	100m: 01:23,73 (01:23,73)   200m: 02:59,04 (01:35,31)   300m: 04:47,43 (01:48,39)   400m: 06:15,80 (01:28,37)			

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Fingas, Max	1989/AK 35	SG Erkelenz-Hückelhoven	05:22,52
	100m: 01:07,49 (01:07,49)   200m: 02:36,52 (01:29,03)   300m: 04:09,21 (01:32,69)   400m: 05:22,52 (01:13,31)			
2.	Guillén Garcia, Marcos	1989/AK 35	Düsseldorfer SC 1898	05:33,80
	100m: 01:15,89 (01:15,89)   200m: 02:36,70 (01:20,81)   300m: 04:18,89 (01:42,19)   400m: 05:33,80 (01:14,91)			
3.	Versteeg, Rolf Baldwin	1990/AK 35	Brander SV 1973 e.V.	05:47,38
	100m: 01:20,10 (01:20,10)   200m: 02:53,94 (01:33,84)   300m: 04:34,44 (01:40,50)   400m: 05:47,38 (01:12,94)			

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Geiselhart, Kevin	1992/AK 30	SG Siegen	04:49,36
	100m: 01:04,56 (01:04,56)   200m: 02:21,86 (01:17,30)   300m: 03:42,14 (01:20,28)   400m: 04:49,36 (01:07,22)			
2.	Hölzel, Torsten	1992/AK 30	Freie Schwimmer Düsseldorf 1910	05:16,52
	100m: 01:10,36 (01:10,36)   200m: 02:33,25 (01:22,89)   300m: 04:05,63 (01:32,38)   400m: 05:16,52 (01:10,89)			
3.	Mielke, Jan	1992/AK 30	ST Bielefeld	05:44,91
	100m: 01:16,23 (01:16,23)   200m: 02:46,46 (01:30,23)   300m: 04:21,90 (01:35,44)   400m: 05:44,91 (01:23,01)			

**AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Adamek, Janis	1998/AK 25	TUS Westfalia Hombruch	04:52,56
	100m: 01:04,33 (01:04,33)   200m: 02:25,42 (01:21,09)   300m: 03:45,93 (01:20,51)   400m: 04:52,56 (01:06,63)			
2.	Samse, Marius	1998/AK 25	TB Wülfrath	06:29,90
	100m: 01:28,27 (01:28,27)   200m: 03:02,96 (01:34,69)   300m: 04:56,77 (01:53,81)   400m: 06:29,90 (01:33,13)			

nicht am Start

Adamek, Joshua 1998/AK 25 TUS Westfalia Hombruch

**noch Wettkampf 4 - 400m Lagen männlich****AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Geßner, Julian	2001/AK 20	DJK Delphin Osterfeld	05:41,52
	100m: 01:10,45 (01:10,45)   200m: 02:41,99 (01:31,54)   300m: 04:22,80 (01:40,81)   400m: 05:41,52 (01:18,72)			
2.	Owie, Louis	2005/AK 20	SG Siegen	05:47,89
	100m: 01:06,36 (01:06,36)   200m: 02:43,80 (01:37,44)   300m: 04:33,53 (01:49,73)   400m: 05:47,89 (01:14,36)			
3.	Knein, Pascal	2004/AK 20	SG Erkelenz-Hückelhoven	05:48,28
	100m: 01:22,06 (01:22,06)   200m: 02:52,93 (01:30,87)   300m: 04:32,82 (01:39,89)   400m: 05:48,28 (01:15,46)			
<u>nicht am Start</u>				
	Bartschmid, Florian	2002/AK 20	TB Wülfrath	
	Hallermann, Maximilian	2002/AK 20	Ahlener SG, Abt. Wassersport	
	Klein, Rene	2005/AK 20	SG Erkelenz-Hückelhoven	

Düsseldorf, den 22.02.2025

Abschnittende: 16:14 Uhr

Protokollende: 16:20 Uhr

gez. Scheer, Nils  
Schiedsrichter weiblichgez. Eckle, Tina  
Schiedsrichter männlichgez. Schwentker, Simon  
Protokollführer

## **Abschnitt 2 - Sonntag 23.02.2025**

Einlass: 13:00 Uhr | Einschwimmen: 13:00 Uhr | Kampfrichtersitzung: 13:30 Uhr  
Beginn: 14:00 Uhr

### **Wettkampfstätte**

Rheinbad Hallenbad Düsseldorf, Sportpark Nord/Europaplatz, 40474 Düsseldorf  
10 Bahnen á 50m, Wellenkiller, Handzeit mit 1 Uhr, Wassertemperatur: ca. 26°C

### **Kampfgericht Abschnitt 2**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Schiedsrichter weiblich	Scheer, Nils	SV NRW
Schiedsrichter männlich	Schwentker, Simon	SV NRW
Starter weiblich	Heidenhof, Norbert	SV NRW
Starter männlich	Heidenhof, Norbert	SV NRW
Schwimmrichter 1	Mähne, Nicole	SV NRW
Schwimmrichter 2	Werminghaus, Holger	SV NRW
Sprecher 1	Strehlke, Stefan	SV NRW
Sprecher 2	Strehlke, Stefan	SV NRW
Auswerter 1	Strehlke, Stefan	SV NRW
Protokollführer	Mendritzki, Uwe	SV NRW

### **Zielgericht**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zielrichter 1	Rothärmel, Ulrike	SV NRW
Zielrichter 2	Hebekeuser, Katharina	SV NRW
Zielrichter 3	Aretz, Hermann-Josef	SV NRW
Zielrichter 4	Heidenhof, Norbert	SV NRW

### **Zeitgericht 1**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zeitnehmerobmann	Feldhaus, Markus	SV NRW
Zeitnehmer Bahn 0	Holtschneider, Sandra	SV NRW
Zeitnehmer Bahn 1	Schützendorf, Yvonne	SV NRW
Zeitnehmer Bahn 2	Wachholz, Thomas	SV NRW
Zeitnehmer Bahn 3	Golaschewski, Susanne	SV NRW
Zeitnehmer Bahn 4	Huth, Katharina	SV NRW
Zeitnehmer Bahn 5	Kreilkamp, Lars	SV NRW
Zeitnehmer Bahn 6	Schwung, Stephanie	SV NRW
Zeitnehmer Bahn 7	Bieker, Christoph	SV NRW
Zeitnehmer Bahn 8	Becker, Achim	SV NRW
Zeitnehmer Bahn 9	Mielke, Nicole	SV NRW
Reservezeitnehmer 1	Bielinski, Axel	SV NRW

**noch Kampfgericht Abschnitt 2****Zeitgericht 2**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zeitnehmerobmann	Feldhaus, Markus	SV NRW
Zeitnehmer Bahn 0	Theis, Markus	SV NRW
Zeitnehmer Bahn 1	Schulz, Ingo	SV NRW
Zeitnehmer Bahn 2	Medve, Kriszta	SV NRW
Zeitnehmer Bahn 3	Sieven, Inga	SV NRW
Zeitnehmer Bahn 4	Rudkowski, Fabian	SV NRW
Zeitnehmer Bahn 5	Strehlke, Stefan	SV NRW
Zeitnehmer Bahn 6	Golaschewski, Lisa	SV NRW
Zeitnehmer Bahn 7	Tok, Melek	SV NRW
Zeitnehmer Bahn 8	Klaes, Markus	SV NRW
Zeitnehmer Bahn 9	Moors, Inge	SV NRW
Reservezeitnehmer 1	Bielinski, Axel	SV NRW

**Wendegericht**

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Wenderichter Obmann	Teckentrup, Maja	SV NRW
Wenderichter Bahn 0	Faust, Helmut	SV NRW
Wenderichter Bahn 1	Faust, Helmut	SV NRW
Wenderichter Bahn 2	Faust, Helmut	SV NRW
Wenderichter Bahn 3	Gäth, Holger	SV NRW
Wenderichter Bahn 4	Gäth, Holger	SV NRW
Wenderichter Bahn 5	Scheer, Mark	SV NRW
Wenderichter Bahn 6	Scheer, Mark	SV NRW
Wenderichter Bahn 7	Ewert, Lars	SV NRW
Wenderichter Bahn 8	Kürbig, Stephan	SV NRW
Wenderichter Bahn 9	Kürbig, Stephan	SV NRW

## Wettkampffolge für Abschnitt 2

- Wettkampf 5 - 200m Brust weiblich  
 Wettkampf 6 - 200m Brust männlich  
 Wettkampf 7 - 200m Schmetterling weiblich  
 Wettkampf 8 - 200m Schmetterling männlich  
 Wettkampf 9 - 200m Rücken weiblich  
 Wettkampf 10 - 200m Rücken männlich  
 Wettkampf 11 - 800m Freistil mixed  
 Wettkampf 12 - 1500m Freistil mixed

## Wettkampf 5 - 200m Brust weiblich

### AK 70

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Ostgathe, Susanne	1954/AK 70	SV Blau-Weiß Bochum	03:47,48
	100m: 01:49,97 (01:49,97)   200m: 03:47,48 (01:57,51)			
2.	Haushalter, Gisela	1954/AK 70	SG Lünen	04:14,64
	100m: 02:02,10 (02:02,10)   200m: 04:14,64 (02:12,54)			

### AK 65

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Löhmer, Barbara	1959/AK 65	SV Rhenania Köln 1919	04:20,76
	100m: 02:04,22 (02:04,22)   200m: 04:20,76 (02:16,54)			
2.	Stella, Karin	1958/AK 65	DJK Delphin Osterfeld	04:44,53
	100m: 02:12,06 (02:12,06)   200m: 04:44,53 (02:32,47)			
3.	Hackländer, Britta	1959/AK 65	SG Lünen	05:16,34
	100m: 02:30,22 (02:30,22)   200m: 05:16,34 (02:46,12)			

### AK 60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Brkowski, Gabriele	1961/AK 60	SV Hagen 1894	03:31,43
	100m: 01:39,95 (01:39,95)   200m: 03:31,43 (01:51,48)			
2.	Clauß, Christiane	1962/AK 60	ASV Duisburg	03:37,85
	100m: 01:41,48 (01:41,48)   200m: 03:37,85 (01:56,37)			
3.	Voigt, Birgit	1964/AK 60	S.V. Bergisch Gladbach 1920/71 e.V.	03:56,83
	100m: 01:54,96 (01:54,96)   200m: 03:56,83 (02:01,87)			
4.	Volk, Martina	1963/AK 60	SG Lünen	04:25,96
	100m: 02:07,96 (02:07,96)   200m: 04:25,96 (02:18,00)			
5.	Kühnen, Maria	1962/AK 60	SV Rhenania Köln 1919	04:29,23
	100m: 02:09,76 (02:09,76)   200m: 04:29,23 (02:19,47)			

#### abgemeldet

Thiet, Diana 1962/AK 60 SC Wiking Herne 1921

### AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	
1. und NRW Masters Altersklassenmeisterin	Duda, Petra	1970/AK 55	SC Wiking Herne 1921	03:10,06	NRWR
	100m: 01:30,81 (01:30,81)   200m: 03:10,06 (01:39,25)				
2.	Thielemann, Claudia	1968/AK 55	SG Bayer	03:16,13	
	100m: 01:34,33 (01:34,33)   200m: 03:16,13 (01:41,80)				
3.	Bach, Marion	1966/AK 55	TSV Gruiten 1884	03:28,12	
	100m: 01:37,41 (01:37,41)   200m: 03:28,12 (01:50,71)				



**noch Wettkampf 5 - 200m Brust weiblich**
**noch AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Spieker, Celine	1967/AK 55	SV Blau-Weiß Bochum	03:54,97
	100m: 01:50,02 (01:50,02)   200m: 03:54,97 (02:04,95)			

**AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Ragot, Melanie	1973/AK 50	Freie Schwimmer Düsseldorf 1910	03:06,60
	100m: 01:30,09 (01:30,09)   200m: 03:06,60 (01:36,51)			

**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Karweina, Anne	1979/AK 45	SV Wasserfreunde Dülmen 1966 e.V.	03:32,63
	100m: 01:45,09 (01:45,09)   200m: 03:32,63 (01:47,54)			
2.	Krüttgen, Nicole	1977/AK 45	DJK Arminia Eilendorf	03:37,93
	100m: 01:44,63 (01:44,63)   200m: 03:37,93 (01:53,30)			
3.	Klingenberg, Anja	1976/AK 45	SG Neuss	03:38,23
	100m: 01:44,60 (01:44,60)   200m: 03:38,23 (01:53,63)			
4.	Lenz, Tanja	1979/AK 45	SG Bayer	03:38,82
	100m: 01:45,29 (01:45,29)   200m: 03:38,82 (01:53,53)			
5.	Bielitzki, Stefanie	1976/AK 45	DJK Delphin Osterfeld	03:45,70
	100m: 01:47,60 (01:47,60)   200m: 03:45,70 (01:58,10)			

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>abgemeldet</u>			
	Gallisch, Janine	1981/AK 40	ATV 1878 Dorstfeld	

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Blau, Nina	1989/AK 35	Turn- u. Skiklub Breckerfeld	03:24,24
	100m: 01:40,81 (01:40,81)   200m: 03:24,24 (01:43,43)			
2.	Frede, Lisa-Kathrin	1990/AK 35	Düsseldorfer SC 1898	03:32,03
	100m: 01:41,59 (01:41,59)   200m: 03:32,03 (01:50,44)			

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Eser, Franziska	1995/AK 30	SG Erkelenz-Hückelhoven	03:10,27
	100m: 00:00,13 (00:00,13)   200m: 03:10,27 (03:10,14)			
2.	Werner, Michaela	1991/AK 30	SG Wuppertal	03:21,24
	100m: 01:35,93 (01:35,93)   200m: 03:21,24 (01:45,31)			
3.	Nier, Alexandra	1992/AK 30	SSF Bonn	03:27,70
	100m: 01:38,61 (01:38,61)   200m: 03:27,70 (01:49,09)			
4.	Keller, Lena	1994/AK 30	SG Erkelenz-Hückelhoven	03:31,64
	100m: 01:39,44 (01:39,44)   200m: 03:31,64 (01:52,20)			

nicht am Start

Meuthen, Enoh 1991/AK 30 SG Bayer

### noch Wettkampf 5 - 200m Brust weiblich

#### noch AK 30

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>disqualifiziert</u> Lee, Celvien	1993/AK 30	Düsseldorfer SC 1898	
	Die Sportlerin hat nach der 100m Wende mehr als einen Delfinkick ausgeführt Uhrzeit der Bekanntgabe: 14:21			

#### AK 25

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Schäfer, Carolina	2000/AK 25	SG Neuss	03:05,96
	100m: 01:28,92 (01:28,92)   200m: 03:05,96 (01:37,04)			

#### AK 20

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Beuse, Malin	2001/AK 20	SG Bayer	02:55,56
	100m: 01:25,58 (01:25,58)   200m: 02:55,56 (01:29,98)			
2.	Kaygusuz, Leyan	2004/AK 20	SC Wiking Herne 1921	03:06,95
	100m: 01:27,26 (01:27,26)   200m: 03:06,95 (01:39,69)			
3.	Walter, Lea	2004/AK 20	SG Siegen	03:11,52
	100m: 01:31,01 (01:31,01)   200m: 03:11,52 (01:40,51)			

### Wettkampf 6 - 200m Brust männlich

#### AK 80

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Altenhofen, Jürgen	1944/AK 80	Ohligser TV	04:07,89
	100m: 01:56,78 (01:56,78)   200m: 04:07,89 (02:11,11)			
2.	Hübner, Henning	1942/AK 80	WSG Wiehl	04:33,23
	100m: 02:10,54 (02:10,54)   200m: 04:33,23 (02:22,69)			
	<u>abgemeldet</u> Kramer, Bernd	1943/AK 80	SG Essen	

#### AK 70

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Menge, Michael	1955/AK 70	SG Essen	03:25,21
	100m: 01:35,49 (01:35,49)   200m: 03:25,21 (01:49,72)			
2.	Bayer, Harald	1951/AK 70	SG Wuppertal	03:42,38
	100m: 01:47,81 (01:47,81)   200m: 03:42,38 (01:54,57)			
3.	Nickella, Bernd	1951/AK 70	SG Essen	03:57,11
	100m: 01:51,16 (01:51,16)   200m: 03:57,11 (02:05,95)			

#### AK 65

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Baschek, Reinhard	1958/AK 65	SG Essen	04:01,32
	100m: 01:55,60 (01:55,60)   200m: 04:01,32 (02:05,72)			

**noch Wettkampf 6 - 200m Brust männlich**
**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Heuer, Wolfgang	1965/AK 60	SV Übach-Palenberg	03:37,78
	100m: 01:44,28 (01:44,28)   200m: 03:37,78 (01:53,50)			
2.	Weinekötter, Egbert	1962/AK 60	SG Oelde	03:40,32
	100m: 01:42,62 (01:42,62)   200m: 03:40,32 (01:57,70)			
<u>nicht am Start</u>				
	Hübenthal, Götz	1964/AK 60	SC Gut Naß Altena	

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Schröter, Sven	1969/AK 55	TuS Sundern	03:01,71
	100m: 01:30,40 (01:30,40)   200m: 03:01,71 (01:31,31)			
2.	Janßen, Thomas	1968/AK 55	SG Mülheim	03:04,03
	100m: 01:29,12 (01:29,12)   200m: 03:04,03 (01:34,91)			
3.	Wohlfahrt, Olaf	1967/AK 55	SV Hemer 1921	03:09,06
	100m: 01:30,17 (01:30,17)   200m: 03:09,06 (01:38,89)			
4.	Strohmeyer, Frank	1969/AK 55	SC Wiking Herne 1921	03:25,20
	100m: 01:35,82 (01:35,82)   200m: 03:25,20 (01:49,38)			
5.	Dathe, Steffen	1967/AK 55	SG Bayer	03:35,00
	100m: 01:38,77 (01:38,77)   200m: 03:35,00 (01:56,23)			
6.	Herr, Stefan	1968/AK 55	SG Rhein-Sieg	03:37,13
	100m: 01:44,43 (01:44,43)   200m: 03:37,13 (01:52,70)			
<u>nicht am Start</u>				
	Kimmeskamp, Dirk	1968/AK 55	SV Blau-Weiß Bochum	

**AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Sloboda, Oliver	1975/AK 50	Schwimmverein Kamen 1891	02:55,46
	100m: 01:24,61 (01:24,61)   200m: 02:55,46 (01:30,85)			
2.	Kremer, Kai	1972/AK 50	SG Erkelenz-Hückelhoven	02:58,46
	100m: 01:24,69 (01:24,69)   200m: 02:58,46 (01:33,77)			
3.	Nachtigall, Harald	1972/AK 50	SG Essen	03:00,60
	100m: 01:26,32 (01:26,32)   200m: 03:00,60 (01:34,28)			
4.	Peter, Dominik	1974/AK 50	SSG Altena 08/47 e.V	03:00,75
	100m: 01:26,13 (01:26,13)   200m: 03:00,75 (01:34,62)			
5.	Bröckelmann, Frank	1971/AK 50	SG Oelde	03:03,48
	100m: 01:28,28 (01:28,28)   200m: 03:03,48 (01:35,20)			
6.	Derbort, Marcus	1974/AK 50	SC Wiking Herne 1921	03:22,21
	100m: 01:35,28 (01:35,28)   200m: 03:22,21 (01:46,93)			
7.	Schroeder, Olaf	1971/AK 50	Dürener TV 1847 e.V.	03:26,26
	100m: 01:37,26 (01:37,26)   200m: 03:26,26 (01:49,00)			

**noch Wettkampf 6 - 200m Brust männlich**
**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Borgstedt, Marc Oliver	1980/AK 45	SG Bayer	02:46,42
	100m: 01:19,54 (01:19,54)   200m: 02:46,42 (01:26,88)			
2.	Crochemore, Laurent	1978/AK 45	TuS Sundern	03:06,03
	100m: 01:27,96 (01:27,96)   200m: 03:06,03 (01:38,07)			
3.	Herff, Jürgen Peter	1978/AK 45	SV Übach-Palenberg	03:49,20
	100m: 01:49,76 (01:49,76)   200m: 03:49,20 (01:59,44)			
	<u>nicht am Start</u>			
	Stelzer, Marius	1977/AK 45	SG Schwimmen Münster	

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Liberti, Luca	1985/AK 40	Düsseldorfer SC 1898	03:07,36
	100m: 01:32,27 (01:32,27)   200m: 03:07,36 (01:35,09)			
2.	Krause, Daniel	1985/AK 40	Wassersportverein Herringen 1929 e.V.	03:31,95
	100m: 01:40,97 (01:40,97)   200m: 03:31,95 (01:50,98)			

**AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>nicht am Start</u>			
	Adamek, Janis	1998/AK 25	TUS Westfalia Hombruch	
	<u>abgemeldet</u>			
	Valdor, Simon	2000/AK 25	Dürener TV 1847 e.V.	

**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Sander, Diego	2005/AK 20	Duisburger ST	02:27,48
	100m: 01:10,73 (01:10,73)   200m: 02:27,48 (01:16,75)			
2.	Löken, Tobias	2004/AK 20	Jülicher Wassersportverein 1923 e.V.	02:42,38
	100m: 01:17,53 (01:17,53)   200m: 02:42,38 (01:24,85)			
3.	Most, Jonas-Ole	2005/AK 20	Schwimmverein Kamen 1891	02:48,51
	100m: 01:20,57 (01:20,57)   200m: 02:48,51 (01:27,94)			
4.	Heide, Elias	2004/AK 20	SC "Aquarius" Löhne	03:05,56
	100m: 01:29,03 (01:29,03)   200m: 03:05,56 (01:36,53)			
	<u>nicht am Start</u>			
	Hallermann, Maximilian	2002/AK 20	Ahlener SG, Abt. Wassersport	

**Wettkampf 7 - 200m Schmetterling weiblich**
**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Thielemann, Claudia	1968/AK 55	SG Bayer	02:50,30
	100m: 01:19,06 (01:19,06)   200m: 02:50,30 (01:31,24)			

**noch Wettkampf 7 - 200m Schmetterling weiblich**
**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Allhenn, Daniela	1979/AK 45	TSV Much 1913	03:34,34
	100m: 01:38,18 (01:38,18)   200m: 03:34,34 (01:56,16)			

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Beckmann, Carla	1984/AK 40	Wasserfreunde Bielefeld	02:31,00
	100m: 01:10,82 (01:10,82)   200m: 02:31,00 (01:20,18)			

abgemeldet

Gallisch, Janine 1981/AK 40 ATV 1878 Dorstfeld

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Zurell de Diaz, Julia	1992/AK 30	SG Essen	03:43,02
	100m: 01:43,64 (01:43,64)   200m: 03:43,02 (01:59,38)			

**AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Schubert, Nikola	1999/AK 25	SV Blau-Weiß Bochum	02:45,91
	100m: 01:18,14 (01:18,14)   200m: 02:45,91 (01:27,77)			
2.	Hildebrandt, Mona	1999/AK 25	1. Paderborner SV 1911	03:09,53
	100m: 01:26,20 (01:26,20)   200m: 03:09,53 (01:43,33)			

**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Santos Krämer, Lara	2005/AK 20	Jülicher Wassersportverein 1923 e.V.	02:38,09
	100m: 01:15,24 (01:15,24)   200m: 02:38,09 (01:22,85)			
2.	Mantau, Delia	2003/AK 20	SV Wasserfreunde Soest e.V. 1913	03:14,66
	100m: 01:27,66 (01:27,66)   200m: 03:14,66 (01:47,00)			

**Wettkampf 8 - 200m Schmetterling männlich**
**AK 65**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>nicht am Start</u>			
	Ludwig, Walter	1959/AK 65	SSF Sieglar 60	

**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Geiselhart, Stefan	1964/AK 60	SG Siegen	02:54,77
	100m: 01:22,88 (01:22,88)   200m: 02:54,77 (01:31,89)			
2.	Deidewig, Frank	1964/AK 60	SG Essen	03:09,29
	100m: 01:28,64 (01:28,64)   200m: 03:09,29 (01:40,65)			

**noch Wettkampf 8 - 200m Schmetterling männlich**
**noch AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>nicht am Start</u> Hübenthal, Götz	1964/AK 60	SC Gut Naß Altena	

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Millers, Matthias	1970/AK 55	SG Wuppertal	02:35,73
	100m: 01:11,70 (01:11,70)   200m: 02:35,73 (01:24,03)			
2.	Bieneck, Bernd	1966/AK 55	SG Gladbeck/Recklinghausen	03:20,94
	100m: 01:35,48 (01:35,48)   200m: 03:20,94 (01:45,46)			

**AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Nachtigall, Harald	1972/AK 50	SG Essen	03:07,41
	100m: 01:26,97 (01:26,97)   200m: 03:07,41 (01:40,44)			
2.	Hahne, Matthias	1975/AK 50	Düsseldorf Dolphins	04:05,15
	100m: 01:51,62 (01:51,62)   200m: 04:05,15 (02:13,53)			

**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Helesch, Christian	1979/AK 45	SG Mülheim	02:42,93
	100m: 01:14,83 (01:14,83)   200m: 02:42,93 (01:28,10)			
2.	Koböck, Frank	1977/AK 45	DJK Delphin Osterfeld	03:02,04
	100m: 01:19,60 (01:19,60)   200m: 03:02,04 (01:42,44)			

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Loose, Thorsten	1984/AK 40	Düsseldorf Dolphins	02:56,80
	100m: 01:20,20 (01:20,20)   200m: 02:56,80 (01:36,60)			

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Berendonk, Marcel	1990/AK 35	SG Schwimmen Münster	03:15,70
	100m: 01:25,54 (01:25,54)   200m: 03:15,70 (01:50,16)			

**AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Adamek, Janis	1998/AK 25	TUS Westfalia Hombruch	02:15,77
	100m: 01:04,62 (01:04,62)   200m: 02:15,77 (01:11,15)			
2.	Tenten, Sebastian	1999/AK 25	TSV Much 1913	02:32,01
	100m: 01:09,63 (01:09,63)   200m: 02:32,01 (01:22,38)			
	<u>nicht am Start</u> Adamek, Joshua	1998/AK 25	TUS Westfalia Hombruch	

**noch Wettkampf 8 - 200m Schmetterling männlich**
**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Geßner, Julian	2001/AK 20	DJK Delphin Osterfeld	02:38,20
	100m: 01:11,24 (01:11,24)   200m: 02:38,20 (01:26,96)			
<u>nicht am Start</u>				
	Hallermann, Maximilian	2002/AK 20	Ahlener SG, Abt. Wassersport	

**Wettkampf 9 - 200m Rücken weiblich**
**AK 75**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Schorlemer, Michaele	1950/AK 75	WSG Wiehl	04:44,50
	100m: 02:21,75 (02:21,75)   200m: 04:44,50 (02:22,75)			

**AK 70**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Ostgathe, Susanne	1954/AK 70	SV Blau-Weiß Bochum	03:49,17
	100m: 01:52,65 (01:52,65)   200m: 03:49,17 (01:56,52)			

**AK 65**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Stella, Karin	1958/AK 65	DJK Delphin Osterfeld	03:52,48
	100m: 01:54,45 (01:54,45)   200m: 03:52,48 (01:58,03)			

**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Brkowski, Gabriele	1961/AK 60	SV Hagen 1894	03:10,87
	100m: 01:33,31 (01:33,31)   200m: 03:10,87 (01:37,56)			
2.	Botz, Undine	1965/AK 60	SV Hagen 1894	03:33,44
	100m: 01:44,51 (01:44,51)   200m: 03:33,44 (01:48,93)			
3.	Voigt, Birgit	1964/AK 60	S.V. Bergisch Gladbach 1920/71 e.V.	03:49,62

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Thielemann, Claudia	1968/AK 55	SG Bayer	02:55,69
	100m: 01:26,50 (01:26,50)   200m: 02:55,69 (01:29,19)			
2.	Blum, Petra	1968/AK 55	SG Bayer	03:04,35
	100m: 01:31,17 (01:31,17)   200m: 03:04,35 (01:33,18)			
3.	Kränsel, Irena	1968/AK 55	SG Wuppertal	03:25,72
	100m: 01:39,05 (01:39,05)   200m: 03:25,72 (01:46,67)			
4.	Görke, Astrid	1970/AK 55	SV Albatros Letmathe	03:46,26
	100m: 01:48,95 (01:48,95)   200m: 03:46,26 (01:57,31)			

**noch Wettkampf 9 - 200m Rücken weiblich**
**AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Hoffmann, Eva	1974/AK 50	SV Hemer 1921	03:15,69
	100m: 01:35,62 (01:35,62)   200m: 03:15,69 (01:40,07)			

**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Margolf, Susanne	1979/AK 45	SG Wuppertal	03:02,70
	100m: 01:27,05 (01:27,05)   200m: 03:02,70 (01:35,65)			
2.	Pfuhl, Nadja	1976/AK 45	SG Lünen	03:04,68
	100m: 01:28,22 (01:28,22)   200m: 03:04,68 (01:36,46)			
3.	Hermeier, Maren	1980/AK 45	Schwimmverein Langenfeld 1912	03:11,91
	100m: 01:30,67 (01:30,67)   200m: 03:11,91 (01:41,24)			

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Lankers, Dorothee	1995/AK 30	Wassersportverein Herringen 1929 e.V.	02:58,52
	100m: 01:26,86 (01:26,86)   200m: 02:58,52 (01:31,66)			
2.	Scharley-Sorgenfrey, Katrin	1993/AK 30	TG Lage	03:01,55
	100m: 01:27,22 (01:27,22)   200m: 03:01,55 (01:34,33)			

**AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Müller, Catrin	2000/AK 25	TSV Much 1913	02:42,42
	100m: 01:17,61 (01:17,61)   200m: 02:42,42 (01:24,81)			
2.	Schmidt-Stafford, Anna	1997/AK 25	SG Euregio Swim Team	02:50,81
	100m: 01:20,92 (01:20,92)   200m: 02:50,81 (01:29,89)			
3.	Ostermann, Kimberly	1999/AK 25	SV Wasserfreunde Dülmen 1966 e.V.	03:05,38
	100m: 01:31,34 (01:31,34)   200m: 03:05,38 (01:34,04)			
4.	Hildebrandt, Mona	1999/AK 25	1. Paderborner SV 1911	03:11,62
	100m: 01:34,08 (01:34,08)   200m: 03:11,62 (01:37,54)			

**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Gäth, Annika	2002/AK 20	SG Gladbeck/Recklinghausen	02:36,42
	100m: 01:14,38 (01:14,38)   200m: 02:36,42 (01:22,04)			
2.	van den Broek, Maja	2005/AK 20	Jülicher Wassersportverein 1923 e.V.	02:40,16
	100m: 01:18,27 (01:18,27)   200m: 02:40,16 (01:21,89)			
3.	Lehmann, Daphne	2004/AK 20	SG Schwimmen Münster	02:46,47
	100m: 01:16,91 (01:16,91)   200m: 02:46,47 (01:29,56)			
4.	Schroeder, Henrike Maren	2005/AK 20	Dürener TV 1847 e.V.	02:50,03
	100m: 01:22,53 (01:22,53)   200m: 02:50,03 (01:27,50)			
5.	Nilgen, Annike	2004/AK 20	TV Korschenbroich	02:56,03
	100m: 01:23,82 (01:23,82)   200m: 02:56,03 (01:32,21)			

**Wettkampf 10 - 200m Rücken männlich**



**noch Wettkampf 10 - 200m Rücken männlich**
**AK 80**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Altenhofen, Jürgen	1944/AK 80	Ohligser TV	03:56,81

**AK 75**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Harms, Rainer 100m: 01:36,48 (01:36,48)   200m: 03:17,82 (01:41,34)	1950/AK 75	SV Blau-Weiß Bochum	03:17,82
2.	Belardi, Nando 100m: 02:15,98 (02:15,98)   200m: 04:31,03 (02:15,05)	1946/AK 75	SSF Bonn	04:31,03
3.	Henn, Lothar 100m: 02:31,26 (02:31,26)   200m: 05:03,02 (02:31,76)	1950/AK 75	Turn- u. Skiklub Breckerfeld	05:03,02

**AK 70**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Stöber, Ekkehard 100m: 01:31,12 (01:31,12)   200m: 03:09,08 (01:37,96)	1954/AK 70	WSG Wiehl	03:09,08
2.	Bayer, Harald 100m: 01:46,76 (01:46,76)   200m: 03:35,50 (01:48,74)	1951/AK 70	SG Wuppertal	03:35,50

**AK 65**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Vipotnik, Axel 100m: 01:46,67 (01:46,67)   200m: 03:40,53 (01:53,86)	1957/AK 65	Wassersportverein Herringen 1929 e.V.	03:40,53

**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Dittmer, Ulf 100m: 01:26,53 (01:26,53)   200m: 02:56,99 (01:30,46)	1965/AK 60	SG Essen	02:56,99
2.	Dillig, Ralf 100m: 01:25,98 (01:25,98)   200m: 02:57,63 (01:31,65)	1965/AK 60	Duisburger ST	02:57,63
3.	Spickenbaum, Thomas 100m: 01:35,19 (01:35,19)   200m: 03:18,25 (01:43,06)	1961/AK 60	SG Gladbeck/Recklinghausen	03:18,25

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister	Herr, Stefan 100m: 01:36,83 (01:36,83)   200m: 03:18,71 (01:41,88)	1968/AK 55	SG Rhein-Sieg	03:18,71

**noch Wettkampf 10 - 200m Rücken männlich**
**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Grundmann, Oliver	1978/AK 45	SG Essen	02:37,94
	100m: 01:16,10 (01:16,10)   200m: 02:37,94 (01:21,84)			
2.	Helesch, Christian	1979/AK 45	SG Mülheim	02:41,06
	100m: 01:15,62 (01:15,62)   200m: 02:41,06 (01:25,44)			
3.	Kielblock, Sven	1976/AK 45	Brander SV 1973 e.V.	02:57,45
	100m: 01:24,04 (01:24,04)   200m: 02:57,45 (01:33,41)			
4.	Koböck, Frank	1977/AK 45	DJK Delphin Osterfeld	03:10,74
	100m: 01:31,71 (01:31,71)   200m: 03:10,74 (01:39,03)			

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Drees, Bastian	1981/AK 40	SSV Meschede	02:36,29
	100m: 01:14,93 (01:14,93)   200m: 02:36,29 (01:21,36)			
	<u>disqualifiziert</u>			
	Liberti, Luca	1985/AK 40	Düsseldorfer SC 1898	
	Der Sportler hat sich nach der 150m Wende in Bauchlage abgestoßen Uhrzeit der Bekanntgabe: 15:27			

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Sie, Henrik	1988/AK 35	Düsseldorf Dolphins	02:50,67
	100m: 01:22,29 (01:22,29)   200m: 02:50,67 (01:28,38)			
2.	Steinmetz, Markus	1987/AK 35	Düsseldorf Dolphins	02:59,57
	100m: 01:25,95 (01:25,95)   200m: 02:59,57 (01:33,62)			

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Podzimek, Pascal	1991/AK 30	ASV Duisburg	02:54,39
	100m: 01:23,02 (01:23,02)   200m: 02:54,39 (01:31,37)			

**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Kürbig, Fabian	2005/AK 20	Jülicher Wassersportverein 1923 e.V.	02:23,60
	100m: 01:09,68 (01:09,68)   200m: 02:23,60 (01:13,92)			
2.	Löken, Tobias	2004/AK 20	Jülicher Wassersportverein 1923 e.V.	02:25,25
	100m: 01:10,17 (01:10,17)   200m: 02:25,25 (01:15,08)			
3.	Heide, Elias	2004/AK 20	SC "Aquarius" Löhne	03:10,09
	100m: 01:30,55 (01:30,55)   200m: 03:10,09 (01:39,54)			

**Wettkampf 11 - 800m Freistil mixed**

**noch Wettkampf 11 - 800m Freistil mixed**
**AK 75**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Harms, Rainer	1950/AK 75	SV Blau-Weiß Bochum	13:47,39
	100m: 01:31,92 (01:31,92)   200m: 03:15,70 (01:43,78)   300m: 05:01,07 (01:45,37)   400m: 06:46,54 (01:45,47)			
	500m: 08:31,29 (01:44,75)   600m: 10:16,26 (01:44,97)   700m: 12:03,32 (01:47,06)   800m: 13:47,39 (01:44,07)			

**AK 70**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Nickella, Bernd	1951/AK 70	SG Essen	15:32,79
	100m: 01:41,06 (01:41,06)   200m: 03:38,47 (01:57,41)   300m: 05:37,09 (01:58,62)   400m: 07:38,00 (02:00,91)			
	500m: 09:38,01 (02:00,01)   600m: 11:37,13 (01:59,12)   700m: 13:37,46 (02:00,33)   800m: 15:32,79 (01:55,33)			
2.	Rickert, Karl-Heinz	1951/AK 70	Turn- u. Skiklub Breckerfeld	20:08,40
	100m: 02:14,84 (02:14,84)   200m: 04:48,16 (02:33,32)   300m: 07:26,83 (02:38,67)   400m: 10:00,94 (02:34,11)			
	500m: 12:34,89 (02:33,95)   600m: 15:08,73 (02:33,84)   700m: 17:38,50 (02:29,77)   800m: 20:08,40 (02:29,90)			

**AK 65**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Ludwig, Walter	1959/AK 65	SSF Sieglar 60	12:27,69
	100m: 01:28,19 (01:28,19)   200m: 03:03,86 (01:35,67)   300m: 04:38,86 (01:35,00)   400m: 06:14,80 (01:35,94)			
	500m: 07:50,00 (01:35,20)   600m: 09:24,62 (01:34,62)   700m: 10:58,75 (01:34,13)   800m: 12:27,69 (01:28,94)			
2.	Rossa, Wolfgang	1958/AK 65	TPSK 1925 e.V.	12:58,00
	100m: 01:30,66 (01:30,66)   200m: 03:07,96 (01:37,30)   300m: 04:46,22 (01:38,26)   400m: 06:25,68 (01:39,46)			
	500m: 08:04,89 (01:39,21)   600m: 09:43,12 (01:38,23)   700m: 11:22,12 (01:39,00)   800m: 12:58,00 (01:35,88)			

**AK 60**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Gotsch, Helmut	1962/AK 60	Duisburger ST	12:39,91
	100m: 01:28,07 (01:28,07)   200m: 03:04,48 (01:36,41)   300m: 04:41,40 (01:36,92)   400m: 06:18,29 (01:36,89)			
	500m: 07:55,30 (01:37,01)   600m: 09:31,35 (01:36,05)   700m: 11:08,09 (01:36,74)   800m: 12:39,91 (01:31,82)			
2.	Wölfel, Thomas	1962/AK 60	ASV Duisburg	13:34,44
	100m: 01:35,31 (01:35,31)   200m: 03:21,47 (01:46,16)   300m: 05:06,82 (01:45,35)   400m: 06:49,89 (01:43,07)			
	500m: 08:32,93 (01:43,04)   600m: 10:15,20 (01:42,27)   700m: 11:57,02 (01:41,82)   800m: 13:34,44 (01:37,42)			
3.	Jonas, Herbert	1961/AK 60	Dürener TV 1847 e.V.	14:52,47
	100m: 01:33,92 (01:33,92)   200m: 03:21,71 (01:47,79)   300m: 05:15,08 (01:53,37)   400m: 07:11,44 (01:56,36)			
	500m: 09:07,29 (01:55,85)   600m: 11:03,64 (01:56,35)   700m: 12:59,36 (01:55,72)   800m: 14:52,47 (01:53,11)			

abgemeldet

Knein, Alfons 1965/AK 60 SG Erkelenz-Hückelhoven

**AK 55**

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Wrona, Torsten	1969/AK 55	SV Blau-Weiß Bochum	11:48,81
	100m: 01:21,65 (01:21,65)   200m: 02:49,32 (01:27,67)   300m: 04:18,73 (01:29,41)   400m: 05:48,28 (01:29,55)			
	500m: 07:18,63 (01:30,35)   600m: 08:49,13 (01:30,50)   700m: 10:20,73 (01:31,60)   800m: 11:48,81 (01:28,08)			
2.	Fischer, Harald	1969/AK 55	SG Bayer	12:46,96
	100m: 01:29,01 (01:29,01)   200m: 03:04,30 (01:35,29)   300m: 04:41,04 (01:36,74)   400m: 06:17,93 (01:36,89)			
	500m: 07:55,04 (01:37,11)   600m: 09:32,71 (01:37,67)   700m: 11:10,16 (01:37,45)   800m: 12:46,96 (01:36,80)			

## noch Wettkampf 11 - 800m Freistil mixed

### noch AK 55

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>abgemeldet</u> Coenen, Stefan	1968/AK 55	Ohligser TV	

### AK 50

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Ropohl, Oliver	1972/AK 50	SC Aqua Köln	11:49,36
	100m: 01:18,00 (01:18,00)   200m: 02:46,74 (01:28,74)   300m: 04:18,48 (01:31,74)   400m: 05:50,13 (01:31,65) 500m: 07:21,69 (01:31,56)   600m: 08:53,40 (01:31,71)   700m: 10:24,89 (01:31,49)   800m: 11:49,36 (01:24,47)			
2.	Hahne, Matthias	1975/AK 50	Düsseldorf Dolphins	14:37,21
	100m: 01:37,21 (01:37,21)   200m: 03:26,88 (01:49,67)   300m: 05:18,37 (01:51,49)   400m: 07:10,92 (01:52,55) 500m: 09:04,14 (01:53,22)   600m: 10:57,46 (01:53,32)   700m: 12:47,89 (01:50,43)   800m: 14:37,21 (01:49,32)			

### AK 45

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Kielblock, Sven	1976/AK 45	Brander SV 1973 e.V.	11:23,41
	100m: 01:16,93 (01:16,93)   200m: 02:41,79 (01:24,86)   300m: 04:08,26 (01:26,47)   400m: 05:36,13 (01:27,87) 500m: 07:03,87 (01:27,74)   600m: 08:33,07 (01:29,20)   700m: 10:01,08 (01:28,01)   800m: 11:23,41 (01:22,33)			

### AK 25

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Bücker, Lukas	2000/AK 25	SG Euregio Swim Team	08:36,00
	100m: 01:00,23 (01:00,23)   200m: 02:04,51 (01:04,28)   300m: 03:09,02 (01:04,51)   400m: 04:14,64 (01:05,62) 500m: 05:20,54 (01:05,90)   600m: 06:26,51 (01:05,97)   700m: 07:32,29 (01:05,78)   800m: 08:36,00 (01:03,71)			
2.	Tenten, Sebastian	1999/AK 25	TSV Much 1913	10:26,64
	100m: 01:11,99 (01:11,99)   200m: 02:30,32 (01:18,33)   300m: 03:49,11 (01:18,79)   400m: 05:08,76 (01:19,65) 500m: 06:29,45 (01:20,69)   600m: 07:50,09 (01:20,64)   700m: 09:10,19 (01:20,10)   800m: 10:26,64 (01:16,45)			

### AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Geßner, Julian	2001/AK 20	DJK Delphin Osterfeld	10:47,13
	100m: 01:09,45 (01:09,45)   200m: 02:28,37 (01:18,92)   300m: 03:51,30 (01:22,93)   400m: 05:15,65 (01:24,35) 500m: 06:40,80 (01:25,15)   600m: 08:04,33 (01:23,53)   700m: 09:27,88 (01:23,55)   800m: 10:47,13 (01:19,25)			
2.	Bruzinski, Niklas	2001/AK 20	SV Kettwig 1907	11:56,50
	100m: 01:18,40 (01:18,40)   200m: 02:46,05 (01:27,65)   300m: 04:17,02 (01:30,97)   400m: 05:47,99 (01:30,97) 500m: 07:21,18 (01:33,19)   600m: 08:56,55 (01:35,37)   700m: 10:29,65 (01:33,10)   800m: 11:56,50 (01:26,85)			

### AK 75

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Henn, Petra	1950/AK 75	Turn- u. Skiklub Breckerfeld	19:24,92
	100m: 02:15,43 (02:15,43)   200m: 04:41,04 (02:25,61)   300m: 07:08,33 (02:27,29)   400m: 09:36,53 (02:28,20) 500m: 12:03,20 (02:26,67)   600m: 14:30,46 (02:27,26)   700m: 16:57,55 (02:27,09)   800m: 19:24,92 (02:27,37)			

### noch Wettkampf 11 - 800m Freistil mixed

#### AK 70

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Sewald, Gabriele	1955/AK 70	1. Paderborner SV 1911	14:40,66
	100m: 01:38,96 (01:38,96)   200m: 03:30,81 (01:51,85)   300m: 05:21,68 (01:50,87)   400m: 07:14,41 (01:52,73)			
	500m: 09:08,93 (01:54,52)   600m: 11:01,36 (01:52,43)   700m: 12:53,05 (01:51,69)   800m: 14:40,66 (01:47,61)			

#### AK 60

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Botz, Undine	1965/AK 60	SV Hagen 1894	14:08,30
	100m: 01:37,45 (01:37,45)   200m: 03:24,47 (01:47,02)   300m: 05:11,48 (01:47,01)   400m: 06:58,68 (01:47,20)			
	500m: 08:46,85 (01:48,17)   600m: 10:34,97 (01:48,12)   700m: 12:24,59 (01:49,62)   800m: 14:08,30 (01:43,71)			

#### AK 55

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Thielemann, Claudia	1968/AK 55	SG Bayer	10:36,78
	100m: 01:17,33 (01:17,33)   200m: 02:38,25 (01:20,92)   300m: 03:58,83 (01:20,58)   400m: 05:19,68 (01:20,85)			
	500m: 06:39,86 (01:20,18)   600m: 07:59,40 (01:19,54)   700m: 09:18,58 (01:19,18)   800m: 10:36,78 (01:18,20)			
2.	Kränsel, Irena	1968/AK 55	SG Wuppertal	13:28,23
	100m: 01:30,60 (01:30,60)   200m: 03:11,11 (01:40,51)   300m: 04:53,46 (01:42,35)   400m: 06:38,10 (01:44,64)			
	500m: 08:22,66 (01:44,56)   600m: 10:04,51 (01:41,85)   700m: 11:46,64 (01:42,13)   800m: 13:28,23 (01:41,59)			
3.	Bach, Marion	1966/AK 55	TSV Gruiten 1884	13:41,59
	100m: 01:30,53 (01:30,53)   200m: 03:13,27 (01:42,74)   300m: 04:59,20 (01:45,93)   400m: 06:45,51 (01:46,31)			
	500m: 08:32,39 (01:46,88)   600m: 10:18,73 (01:46,34)   700m: 12:02,63 (01:43,90)   800m: 13:41,59 (01:38,96)			
4.	Spieker, Celine	1967/AK 55	SV Blau-Weiß Bochum	14:00,12
	100m: 01:39,01 (01:39,01)   200m: 03:26,12 (01:47,11)   300m: 05:12,64 (01:46,52)   400m: 06:59,91 (01:47,27)			
	500m: 08:47,38 (01:47,47)   600m: 10:34,02 (01:46,64)   700m: 12:19,83 (01:45,81)   800m: 14:00,12 (01:40,29)			

#### AK 50

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Ragot, Melanie	1973/AK 50	Freie Schwimmer Düsseldorf 1910	11:13,56
	100m: 01:16,93 (01:16,93)   200m: 02:40,92 (01:23,99)   300m: 04:05,92 (01:25,00)   400m: 05:31,45 (01:25,53)			
	500m: 06:56,43 (01:24,98)   600m: 08:22,64 (01:26,21)   700m: 09:49,14 (01:26,50)   800m: 11:13,56 (01:24,42)			
2.	Uhlig, Sandra	1974/AK 50	SG Neuss	11:51,54
	100m: 01:20,09 (01:20,09)   200m: 02:49,67 (01:29,58)   300m: 04:21,17 (01:31,50)   400m: 05:52,05 (01:30,88)			
	500m: 07:23,17 (01:31,12)   600m: 08:53,92 (01:30,75)   700m: 10:25,55 (01:31,63)   800m: 11:51,54 (01:25,99)			
3.	Sander, Celia	1972/AK 50	Duisburger ST	12:27,00
	100m: 01:22,72 (01:22,72)   200m: 02:57,40 (01:34,68)   300m: 04:33,15 (01:35,75)   400m: 06:08,90 (01:35,75)			
	500m: 07:44,75 (01:35,85)   600m: 09:20,18 (01:35,43)   700m: 10:55,22 (01:35,04)   800m: 12:27,00 (01:31,78)			
4.	Kirchhoff, Tanja	1974/AK 50	SC Wiking Herne 1921	13:32,90
	100m: 01:31,78 (01:31,78)   200m: 03:15,40 (01:43,62)   300m: 05:00,05 (01:44,65)   400m: 06:43,81 (01:43,76)			
	500m: 08:27,70 (01:43,89)   600m: 10:10,90 (01:43,20)   700m: 11:53,83 (01:42,93)   800m: 13:32,90 (01:39,07)			
5.	Humm, Tina	1975/AK 50	WSV Schermbeck	14:14,10
	100m: 01:37,11 (01:37,11)   200m: 03:26,58 (01:49,47)   300m: 05:16,73 (01:50,15)   400m: 07:05,38 (01:48,65)			
	500m: 08:53,32 (01:47,94)   600m: 10:41,84 (01:48,52)   700m: 12:30,16 (01:48,32)   800m: 14:14,10 (01:43,94)			

**noch Wettkampf 11 - 800m Freistil mixed**
**AK 45**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Brand, Daniela	1978/AK 45	SV Hagen 1894	11:57,13
	100m: 01:22,34 (01:22,34)   200m: 02:52,81 (01:30,47)   300m: 04:24,79 (01:31,98)   400m: 05:56,06 (01:31,27)			
	500m: 07:27,35 (01:31,29)   600m: 08:58,33 (01:30,98)   700m: 10:28,52 (01:30,19)   800m: 11:57,13 (01:28,61)			
2.	Margolf, Susanne	1979/AK 45	SG Wuppertal	12:03,65
	100m: 01:21,26 (01:21,26)   200m: 02:51,34 (01:30,08)   300m: 04:23,03 (01:31,69)   400m: 05:55,28 (01:32,25)			
	500m: 07:28,87 (01:33,59)   600m: 09:01,32 (01:32,45)   700m: 10:33,83 (01:32,51)   800m: 12:03,65 (01:29,82)			
3.	Lenz, Tanja	1979/AK 45	SG Bayer	13:10,12
	100m: 01:33,55 (01:33,55)   200m: 03:13,79 (01:40,24)   300m: 04:55,97 (01:42,18)   400m: 06:32,36 (01:36,39)			
	500m: 08:12,76 (01:40,40)   600m: 09:53,08 (01:40,32)   700m: 11:32,71 (01:39,63)   800m: 13:10,12 (01:37,41)			
4.	Drews, Kerren	1980/AK 45	Schwimmverein Langenfeld 1912	13:32,87
	100m: 01:30,84 (01:30,84)   200m: 03:13,00 (01:42,16)   300m: 04:56,88 (01:43,88)   400m: 06:41,17 (01:44,29)			
	500m: 08:25,56 (01:44,39)   600m: 10:09,84 (01:44,28)   700m: 11:53,71 (01:43,87)   800m: 13:32,87 (01:39,16)			
5.	Allhenn, Daniela	1979/AK 45	TSV Much 1913	13:33,75
	100m: 01:28,40 (01:28,40)   200m: 03:08,62 (01:40,22)   300m: 04:52,90 (01:44,28)   400m: 06:37,72 (01:44,82)			
	500m: 08:24,58 (01:46,86)   600m: 10:09,55 (01:44,97)   700m: 11:54,40 (01:44,85)   800m: 13:33,75 (01:39,35)			
6.	Cox, Mareike	1979/AK 45	ASV Duisburg	13:41,51
	100m: 01:27,37 (01:27,37)   200m: 03:08,46 (01:41,09)   300m: 04:53,12 (01:44,66)   400m: 06:37,01 (01:43,89)			
	500m: 08:23,41 (01:46,40)   600m: 10:10,29 (01:46,88)   700m: 11:57,29 (01:47,00)   800m: 13:41,51 (01:44,22)			
7.	Bielitzki, Stefanie	1976/AK 45	DJK Delphin Osterfeld	13:47,55
	100m: 01:32,52 (01:32,52)   200m: 03:16,46 (01:43,94)   300m: 05:01,15 (01:44,69)   400m: 06:46,72 (01:45,57)			
	500m: 08:33,27 (01:46,55)   600m: 10:20,95 (01:47,68)   700m: 12:07,65 (01:46,70)   800m: 13:47,55 (01:39,90)			

**AK 40**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Grothe, Sarah	1983/AK 40	SC Wiking Herne 1921	11:47,51
	100m: 01:20,85 (01:20,85)   200m: 02:48,86 (01:28,01)   300m: 04:19,03 (01:30,17)   400m: 05:49,85 (01:30,82)			
	500m: 07:20,60 (01:30,75)   600m: 08:51,29 (01:30,69)   700m: 10:21,23 (01:29,94)   800m: 11:47,51 (01:26,28)			
2.	Nachtigall, Julia	1985/AK 40	SG Essen	14:03,94
	100m: 01:37,02 (01:37,02)   200m: 03:22,39 (01:45,37)   300m: 05:09,86 (01:47,47)   400m: 06:59,55 (01:49,69)			
	500m: 08:46,14 (01:46,59)   600m: 10:32,74 (01:46,60)   700m: 12:18,58 (01:45,84)   800m: 14:03,94 (01:45,36)			

abgemeldet

Gallisch, Janine 1981/AK 40 ATV 1878 Dorstfeld

**AK 35**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Blau, Nina	1989/AK 35	Turn- u. Skiklub Breckerfeld	13:35,40
	100m: 01:32,64 (01:32,64)   200m: 03:15,14 (01:42,50)   300m: 05:00,07 (01:44,93)   400m: 06:45,40 (01:45,33)			
	500m: 08:31,17 (01:45,77)   600m: 10:15,24 (01:44,07)   700m: 11:57,55 (01:42,31)   800m: 13:35,40 (01:37,85)			

**AK 30**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Kreuznacht, Cathrin	1994/AK 30	SV Wasserfreunde Dülmen 1966 e.V.	10:51,78
	100m: 01:13,26 (01:13,26)   200m: 02:34,67 (01:21,41)   300m: 03:56,47 (01:21,80)   400m: 05:20,14 (01:23,67)			
	500m: 06:44,13 (01:23,99)   600m: 08:08,21 (01:24,08)   700m: 09:32,34 (01:24,13)   800m: 10:51,78 (01:19,44)			
2.	Roskosch, Stefanie	1994/AK 30	SV Blau-Weiß Bochum	11:11,70
	100m: 01:13,45 (01:13,45)   200m: 02:35,81 (01:22,36)   300m: 04:01,78 (01:25,97)   400m: 05:29,19 (01:27,41)			
	500m: 06:56,29 (01:27,10)   600m: 08:22,83 (01:26,54)   700m: 09:49,46 (01:26,63)   800m: 11:11,70 (01:22,24)			

**noch Wettkampf 11 - 800m Freistil mixed**
**noch AK 30**

Platz	Schwimmerin	Jg.	Verein	Endzeit
3.	Lankers, Dorothee	1995/AK 30	Wassersportverein Herringen 1929 e.V.	11:17,35 100m: 01:15,78 (01:15,78)   200m: 02:40,12 (01:24,34)   300m: 04:05,91 (01:25,79)   400m: 05:32,47 (01:26,56)   500m: 06:59,76 (01:27,29)   600m: 08:26,43 (01:26,67)   700m: 09:52,70 (01:26,27)   800m: 11:17,35 (01:24,65)
4.	Freitag, Pia	1994/AK 30	TuS Sundern	11:22,09 100m: 01:19,20 (01:19,20)   200m: 02:43,41 (01:24,21)   300m: 04:09,07 (01:25,66)   400m: 05:35,36 (01:26,29)   500m: 07:01,76 (01:26,40)   700m: 09:56,69 (02:54,93)   800m: 11:22,09 (01:25,40)
5.	Laufer, Julia	1995/AK 30	SC Wiking Herne 1921	12:07,52 100m: 01:26,60 (01:26,60)   200m: 02:58,92 (01:32,32)   300m: 04:31,45 (01:32,53)   400m: 06:03,82 (01:32,37)   500m: 07:35,48 (01:31,66)   600m: 09:07,20 (01:31,72)   700m: 10:38,23 (01:31,03)   800m: 12:07,52 (01:29,29)
6.	Nier, Alexandra	1992/AK 30	SSF Bonn	13:27,59 100m: 01:34,98 (01:34,98)   200m: 03:17,84 (01:42,86)   300m: 05:01,67 (01:43,83)   400m: 06:44,79 (01:43,12)   500m: 08:28,44 (01:43,65)   600m: 10:11,60 (01:43,16)   700m: 11:52,59 (01:40,99)   800m: 13:27,59 (01:35,00)

abgemeldet

Eser, Franziska	1995/AK 30	SG Erkelenz-Hückelhoven
Keller, Lena	1994/AK 30	SG Erkelenz-Hückelhoven
Krysiak, Olga	1991/AK 30	Team Bochum
Meuthen, Enoh	1991/AK 30	SG Bayer

**AK 25**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Becker, Helena	1996/AK 25	SSF Bonn	10:28,01 100m: 01:11,32 (01:11,32)   200m: 02:29,55 (01:18,23)   300m: 03:48,56 (01:19,01)   400m: 05:08,23 (01:19,67)   500m: 06:28,01 (01:19,78)   600m: 07:49,02 (01:21,01)   700m: 09:09,46 (01:20,44)   800m: 10:28,01 (01:18,55)
2.	Rechter, Insa	1997/AK 25	1. Paderborner SV 1911	10:30,82 100m: 01:14,98 (01:14,98)   200m: 02:35,00 (01:20,02)   300m: 03:55,86 (01:20,86)   400m: 05:16,11 (01:20,25)   500m: 06:35,77 (01:19,66)   600m: 07:55,37 (01:19,60)   700m: 09:14,19 (01:18,82)   800m: 10:30,82 (01:16,63)
3.	Schubert, Nikola	1999/AK 25	SV Blau-Weiß Bochum	10:43,40 100m: 01:12,40 (01:12,40)   200m: 02:32,46 (01:20,06)   300m: 03:54,64 (01:22,18)   400m: 05:17,39 (01:22,75)   500m: 06:40,42 (01:23,03)   600m: 08:02,73 (01:22,31)   700m: 09:24,25 (01:21,52)   800m: 10:43,40 (01:19,15)
4.	Müller, Catrin	2000/AK 25	TSV Much 1913	11:07,78 100m: 01:15,03 (01:15,03)   200m: 02:39,86 (01:24,83)   300m: 04:05,84 (01:25,98)   400m: 05:32,59 (01:26,75)   500m: 06:59,03 (01:26,44)   600m: 08:24,93 (01:25,90)   700m: 09:48,46 (01:23,53)   800m: 11:07,78 (01:19,32)
5.	Schmidt-Stafford, Anna	1997/AK 25	SG Euregio Swim Team	11:49,29 100m: 01:21,67 (01:21,67)   200m: 02:50,80 (01:29,13)   300m: 04:21,54 (01:30,74)   400m: 05:52,00 (01:30,46)   500m: 07:22,60 (01:30,60)   600m: 08:52,32 (01:29,72)   700m: 10:22,36 (01:30,04)   800m: 11:49,29 (01:26,93)
6.	Hildebrandt, Mona	1999/AK 25	1. Paderborner SV 1911	12:05,21 100m: 01:25,18 (01:25,18)   200m: 02:57,68 (01:32,50)   300m: 04:30,61 (01:32,93)   400m: 06:03,61 (01:33,00)   500m: 07:34,93 (01:31,32)   600m: 09:06,06 (01:31,13)   700m: 10:37,64 (01:31,58)   800m: 12:05,21 (01:27,57)
7.	Ostermann, Kimberly	1999/AK 25	SV Wasserfreunde Dülmen 1966 e.V.	12:20,51 100m: 01:22,36 (01:22,36)   200m: 02:53,54 (01:31,18)   300m: 04:27,64 (01:34,10)   400m: 06:03,00 (01:35,36)   500m: 07:38,32 (01:35,32)   600m: 09:13,26 (01:34,94)   700m: 10:47,39 (01:34,13)   800m: 12:20,51 (01:33,12)

**AK 20**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Vollmer, Mia	2003/AK 20	Freie Schwimmer Düsseldorf 1910	09:54,07 100m: 01:08,19 (01:08,19)   200m: 02:21,76 (01:13,57)   300m: 03:36,29 (01:14,53)   400m: 04:51,01 (01:14,72)   500m: 06:06,38 (01:15,37)   600m: 07:22,73 (01:16,35)   700m: 08:39,00 (01:16,27)   800m: 09:54,07 (01:15,07)
2.	Santos Krämer, Lara	2005/AK 20	Jülicher Wassersportverein 1923 e.V.	10:23,53 100m: 01:13,45 (01:13,45)   200m: 02:32,80 (01:19,35)   300m: 03:52,03 (01:19,23)   400m: 05:11,13 (01:19,10)   500m: 06:31,13 (01:20,00)   600m: 07:50,88 (01:19,75)   700m: 09:09,09 (01:18,21)   800m: 10:23,53 (01:14,44)

## noch Wettkampf 11 - 800m Freistil mixed

### noch AK 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
3.	Schroeder, Henrike Maren	2005/AK 20	Dürener TV 1847 e.V.	10:51,37
	100m: 01:15,77 (01:15,77)   200m: 02:38,83 (01:23,06)   300m: 04:01,69 (01:22,86)   400m: 05:24,40 (01:22,71)   500m: 06:47,19 (01:22,79)   600m: 08:09,82 (01:22,63)   700m: 09:32,48 (01:22,66)   800m: 10:51,37 (01:18,89)			
4.	Mantau, Delia	2003/AK 20	SV Wasserfreunde Soest e.V. 1913	11:52,14
	100m: 01:20,84 (01:20,84)   200m: 02:49,81 (01:28,97)   300m: 04:21,60 (01:31,79)   400m: 05:53,34 (01:31,74)   500m: 07:25,23 (01:31,89)   600m: 08:56,51 (01:31,28)   700m: 10:26,65 (01:30,14)   800m: 11:52,14 (01:25,49)			
5.	Grospitz, Marlen	2004/AK 20	TG ENNIGLOH	13:36,22
	100m: 01:31,36 (01:31,36)   200m: 03:13,11 (01:41,75)   300m: 04:57,20 (01:44,09)   500m: 08:27,00 (03:29,80)   600m: 10:11,45 (01:44,45)   700m: 11:55,61 (01:44,16)   800m: 13:36,22 (01:40,61)			

## Wettkampf 12 - 1500m Freistil mixed

### AK 80

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Ständer, Friedhelm	1945/AK 80	SG Essen	33:46,73
	100m: 01:46,82 (01:46,82)   200m: 03:55,80 (02:08,98)   300m: 06:07,70 (02:11,90)   400m: 08:24,07 (02:16,37)   500m: 10:43,02 (02:18,95)   600m: 13:02,89 (02:19,87)   700m: 15:20,80 (02:17,91)   800m: 17:40,67 (02:19,87)   900m: 19:58,70 (02:18,03)   1000m: 22:16,20 (02:17,50)   1100m: 24:34,92 (02:18,72)   1200m: 26:55,07 (02:20,15)   1300m: 29:12,82 (02:17,75)   1400m: 31:30,70 (02:17,88)   1500m: 33:46,73 (02:16,03)			

### AK 75

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Mitlewski, Günter	1946/AK 75	SV Blau-Weiß Bochum	28:42,01
	100m: 01:45,27 (01:45,27)   200m: 03:38,95 (01:53,68)   300m: 05:33,12 (01:54,17)   400m: 07:27,76 (01:54,64)   500m: 09:22,99 (01:55,23)   600m: 11:18,07 (01:55,08)   700m: 13:13,86 (01:55,79)   800m: 15:09,90 (01:56,04)   900m: 17:06,50 (01:56,60)   1000m: 19:02,77 (01:56,27)   1100m: 20:58,98 (01:56,21)   1200m: 22:56,03 (01:57,05)   1300m: 24:51,94 (01:55,91)   1400m: 26:49,32 (01:57,38)   1500m: 28:42,01 (01:52,69)			

### AK 65

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Wenning, Andreas	1956/AK 65	Bocholter WSV	24:28,31
	100m: 01:31,24 (01:31,24)   200m: 03:07,76 (01:36,52)   300m: 04:46,25 (01:38,49)   400m: 06:24,03 (01:37,78)   500m: 08:01,99 (01:37,96)   600m: 09:40,19 (01:38,20)   700m: 11:17,48 (01:37,29)   800m: 12:54,21 (01:36,73)   900m: 14:31,21 (01:37,00)   1000m: 16:08,94 (01:37,73)   1100m: 17:47,58 (01:38,64)   1200m: 19:27,21 (01:39,63)   1300m: 21:07,41 (01:40,20)   1400m: 22:49,56 (01:42,15)   1500m: 24:28,31 (01:38,75)			
2.	Steins, Reinhard	1960/AK 65	ASV Duisburg	26:54,98
	100m: 01:37,71 (01:37,71)   200m: 03:25,61 (01:47,90)   300m: 05:12,30 (01:46,69)   400m: 07:00,21 (01:47,91)   500m: 08:46,79 (01:46,58)   600m: 10:35,70 (01:48,91)   700m: 12:21,65 (01:45,95)   800m: 14:09,61 (01:47,96)   900m: 15:57,71 (01:48,10)   1000m: 17:48,76 (01:51,05)   1100m: 19:41,26 (01:52,50)   1200m: 21:30,34 (01:49,08)   1300m: 23:19,73 (01:49,39)   1400m: 25:07,96 (01:48,23)   1500m: 26:54,98 (01:47,02)			
3.	Richter, Thomas	1960/AK 65	SG Bayer	27:03,14
	100m: 01:43,79 (01:43,79)   200m: 03:32,02 (01:48,23)   300m: 05:20,24 (01:48,22)   400m: 07:06,83 (01:46,59)   500m: 08:54,52 (01:47,69)   600m: 10:43,28 (01:48,76)   700m: 12:31,67 (01:48,39)   800m: 14:19,48 (01:47,81)   900m: 16:09,77 (01:50,29)   1000m: 17:59,97 (01:50,20)   1100m: 19:50,06 (01:50,09)   1200m: 21:40,29 (01:50,23)   1300m: 23:29,54 (01:49,25)   1400m: 25:18,18 (01:48,64)   1500m: 27:03,14 (01:44,96)			
4.	Irlle, Friedrich	1957/AK 65	SC Wiking Herne 1921	27:33,97
	100m: 01:39,00 (01:39,00)   200m: 03:29,41 (01:50,41)   300m: 05:20,66 (01:51,25)   400m: 07:12,41 (01:51,75)   500m: 09:03,61 (01:51,20)   700m: 12:44,87 (03:41,26)   800m: 14:35,69 (01:50,82)   900m: 16:26,48 (01:50,79)   1000m: 18:18,94 (01:52,46)   1100m: 20:12,24 (01:53,30)   1200m: 22:04,84 (01:52,60)   1300m: 23:57,90 (01:53,06)   1400m: 25:50,34 (01:52,44)   1500m: 27:33,97 (01:43,63)			



## noch Wettkampf 12 - 1500m Freistil mixed

### noch AK 65

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>abgemeldet</u> Rosenbaum, Dieter	1957/AK 65	Wasser + Freizeit Verein Münster e.V.	

### AK 60

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Schröder, Lutz	1965/AK 60	Freie Schwimmer Düsseldorf 1910	21:59,88
	100m: 01:21,50 (01:21,50)   200m: 02:49,76 (01:28,26)   300m: 04:18,42 (01:28,66)   400m: 05:46,57 (01:28,15) 500m: 07:15,31 (01:28,74)   600m: 08:44,18 (01:28,87)   700m: 10:12,48 (01:28,30)   800m: 11:40,78 (01:28,30) 900m: 13:09,17 (01:28,39)   1000m: 14:38,45 (01:29,28)   1100m: 16:07,49 (01:29,04)   1200m: 17:36,78 (01:29,29) 1300m: 19:05,42 (01:28,64)   1400m: 20:33,81 (01:28,39)   1500m: 21:59,88 (01:26,07)			
2.	Ueberhorst, Dirk	1962/AK 60	SG Rhein-Sieg	26:18,32
	100m: 01:31,17 (01:31,17)   200m: 03:14,36 (01:43,19)   300m: 05:00,42 (01:46,06)   400m: 06:47,48 (01:47,06) 500m: 08:34,21 (01:46,73)   600m: 10:12,86 (01:38,65)   700m: 12:07,51 (01:54,65)   800m: 13:55,75 (01:48,24) 900m: 15:43,00 (01:47,25)   1000m: 17:30,81 (01:47,81)   1100m: 19:19,16 (01:48,35)   1200m: 21:06,84 (01:47,68) 1300m: 22:54,65 (01:47,81)   1400m: 24:41,56 (01:46,91)   1500m: 26:18,32 (01:36,76)			
3.	Heuer, Wolfgang	1965/AK 60	SV Übach-Palenberg	28:04,21
	100m: 01:35,64 (01:35,64)   200m: 03:23,60 (01:47,96)   300m: 05:16,77 (01:53,17)   400m: 07:11,05 (01:54,28) 500m: 09:04,14 (01:53,09)   600m: 10:58,34 (01:54,20)   700m: 12:52,62 (01:54,28)   800m: 14:45,21 (01:52,59) 900m: 16:37,93 (01:52,72)   1000m: 18:33,81 (01:55,88)   1100m: 20:37,70 (02:03,89)   1200m: 22:22,23 (01:44,53) 1300m: 24:16,89 (01:54,66)   1400m: 26:11,75 (01:54,86)   1500m: 28:04,21 (01:52,46)			
	<u>abgemeldet</u> Chaumet, Martin	1961/AK 60	SG Essen	
	Weyh, Harald	1962/AK 60	ASV Duisburg	

### AK 55

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Werkhausen, Axel	1970/AK 55	SSF Bonn	18:35,91
	100m: 01:09,36 (01:09,36)   200m: 02:23,61 (01:14,25)   300m: 03:38,53 (01:14,92)   400m: 04:53,50 (01:14,97) 500m: 06:08,41 (01:14,91)   600m: 07:23,43 (01:15,02)   700m: 08:38,98 (01:15,55)   800m: 09:54,23 (01:15,25) 900m: 11:09,54 (01:15,31)   1000m: 12:24,85 (01:15,31)   1100m: 13:39,85 (01:15,00)   1200m: 14:54,90 (01:15,05) 1300m: 16:09,66 (01:14,76)   1400m: 17:24,25 (01:14,59)   1500m: 18:35,91 (01:11,66)			
2.	Pesch, Thomas	1967/AK 55	ASV Duisburg	24:26,76
	100m: 01:29,46 (01:29,46)   200m: 03:06,46 (01:37,00)   300m: 04:46,31 (01:39,85)   400m: 06:24,80 (01:38,49) 500m: 08:02,72 (01:37,92)   600m: 09:40,58 (01:37,86)   700m: 11:18,98 (01:38,40)   800m: 12:57,64 (01:38,66) 900m: 14:35,55 (01:37,91)   1000m: 16:14,94 (01:39,39)   1100m: 17:53,58 (01:38,64)   1200m: 19:32,60 (01:39,02) 1300m: 21:11,54 (01:38,94)   1400m: 22:51,16 (01:39,62)   1500m: 24:26,76 (01:35,60)			
3.	Krichel, Alain	1969/AK 55	SV Übach-Palenberg	25:54,63
	100m: 01:30,01 (01:30,01)   200m: 03:12,42 (01:42,41)   300m: 04:58,64 (01:46,22)   400m: 06:44,09 (01:45,45) 500m: 08:28,46 (01:44,37)   600m: 10:12,82 (01:44,36)   700m: 11:58,66 (01:45,84)   800m: 13:43,34 (01:44,68) 1000m: 17:12,68 (03:29,34)   1100m: 18:57,82 (01:45,14)   1200m: 20:43,60 (01:45,78)   1300m: 22:27,97 (01:44,37) 1400m: 24:14,64 (01:46,67)   1500m: 25:54,63 (01:39,99)			
	<u>abgemeldet</u> Hemmersbach, Matthias	1968/AK 55	SV Hemer 1921	

## noch Wettkampf 12 - 1500m Freistil mixed

### AK 50

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Schroeder, Olaf	1971/AK 50	Dürener TV 1847 e.V.	24:50,99
	100m: 01:24,79 (01:24,79)   200m: 03:00,46 (01:35,67)   300m: 04:39,40 (01:38,94)   400m: 06:19,34 (01:39,94)			
	500m: 08:01,16 (01:41,82)   600m: 09:42,73 (01:41,57)   700m: 11:24,51 (01:41,78)   800m: 13:04,63 (01:40,12)			
	900m: 14:45,09 (01:40,46)   1000m: 16:26,59 (01:41,50)   1100m: 18:09,55 (01:42,96)   1200m: 19:52,53 (01:42,98)			
	1300m: 21:34,89 (01:42,36)   1400m: 23:15,19 (01:40,30)   1500m: 24:50,99 (01:35,80)			
2.				
	von Ohle, Marc	1974/AK 50	Duisburger ST	26:23,87
	100m: 01:22,36 (01:22,36)   200m: 03:03,79 (01:41,43)   300m: 04:47,98 (01:44,19)   400m: 06:35,75 (01:47,77)			
	500m: 08:24,24 (01:48,49)   600m: 10:12,46 (01:48,22)   700m: 12:01,90 (01:49,44)   800m: 13:52,35 (01:50,45)			
	900m: 15:40,16 (01:47,81)   1000m: 17:28,04 (01:47,88)   1100m: 19:15,45 (01:47,41)   1200m: 21:03,07 (01:47,62)			
	1300m: 22:50,52 (01:47,45)   1400m: 24:42,10 (01:51,58)   1500m: 26:23,87 (01:41,77)			

### AK 45

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Dolkemeyer, Jan	1978/AK 45	Brander SV 1973 e.V.	21:44,50
	100m: 01:18,25 (01:18,25)   200m: 02:40,55 (01:22,30)   300m: 04:05,40 (01:24,85)   400m: 05:31,22 (01:25,82)			
	500m: 06:57,72 (01:26,50)   600m: 08:24,32 (01:26,60)   700m: 09:51,65 (01:27,33)   800m: 11:20,65 (01:29,00)			
	900m: 12:49,22 (01:28,57)   1000m: 14:18,72 (01:29,50)   1100m: 15:48,47 (01:29,75)   1200m: 17:18,47 (01:30,00)			
	1300m: 18:48,58 (01:30,11)   1400m: 20:18,94 (01:30,36)   1500m: 21:44,50 (01:25,56)			
2.				
	Holzum, Michael	1979/AK 45	SWIM-TEAM TV 1862 Geseke	23:53,76
	100m: 01:20,48 (01:20,48)   200m: 02:54,13 (01:33,65)   300m: 04:30,70 (01:36,57)   400m: 06:05,42 (01:34,72)			
	500m: 07:40,95 (01:35,53)   600m: 09:17,92 (01:36,97)   700m: 10:54,51 (01:36,59)   800m: 12:32,10 (01:37,59)			
	900m: 14:11,57 (01:39,47)   1000m: 15:48,67 (01:37,10)   1100m: 17:27,23 (01:38,56)   1200m: 19:05,36 (01:38,13)			
	1300m: 20:43,86 (01:38,50)   1400m: 22:21,73 (01:37,87)   1500m: 23:53,76 (01:32,03)			

### AK 40

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Werner, Florian	1984/AK 40	TG ENNIGLOH	21:35,35
	100m: 01:21,15 (01:21,15)   200m: 02:48,33 (01:27,18)   300m: 04:16,27 (01:27,94)   400m: 05:43,71 (01:27,44)			
	500m: 07:11,54 (01:27,83)   600m: 08:39,95 (01:28,41)   700m: 10:07,41 (01:27,46)   800m: 11:35,15 (01:27,74)			
	900m: 13:02,66 (01:27,51)   1000m: 14:29,17 (01:26,51)   1100m: 15:55,68 (01:26,51)   1200m: 17:21,68 (01:26,00)			
	1300m: 18:47,62 (01:25,94)   1400m: 20:12,74 (01:25,12)   1500m: 21:35,35 (01:22,61)			
2.				
	Krause, Daniel	1985/AK 40	Wassersportverein Herringen 1929 e.V.	24:20,96
	100m: 01:29,46 (01:29,46)   200m: 03:05,73 (01:36,27)   300m: 04:46,20 (01:40,47)   400m: 06:25,96 (01:39,76)			
	500m: 08:04,33 (01:38,37)   600m: 09:44,09 (01:39,76)   700m: 10:47,68 (01:03,59)   800m: 12:29,37 (01:41,69)			
	900m: 14:11,40 (01:42,03)   1000m: 15:54,10 (01:42,70)   1100m: 17:36,52 (01:42,42)   1200m: 19:18,44 (01:41,92)			
	1300m: 21:00,88 (01:42,44)   1400m: 22:42,72 (01:41,84)   1500m: 24:20,96 (01:38,24)			

### AK 35

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Höfs, Tobias	1986/AK 35	SG Wuppertal	18:50,73
	100m: 01:08,23 (01:08,23)   200m: 02:22,48 (01:14,25)   300m: 03:37,80 (01:15,32)   400m: 04:53,29 (01:15,49)			
	500m: 06:08,51 (01:15,22)   600m: 07:23,86 (01:15,35)   700m: 08:39,32 (01:15,46)   800m: 09:55,20 (01:15,88)			
	900m: 11:11,32 (01:16,12)   1000m: 12:27,80 (01:16,48)   1100m: 13:44,95 (01:17,15)   1200m: 15:02,57 (01:17,62)			
	1300m: 16:20,39 (01:17,82)   1400m: 17:37,29 (01:16,90)   1500m: 18:50,73 (01:13,44)			

## noch Wettkampf 12 - 1500m Freistil mixed

### noch AK 35

Platz	Schwimmer	Jg.	Verein	Endzeit
2.	Versteeg, Rolf Baldwin	1990/AK 35	Brander SV 1973 e.V.	20:20,93
	100m: 01:12,45 (01:12,45)   200m: 02:31,95 (01:19,50)   300m: 03:54,33 (01:22,38)   400m: 05:17,06 (01:22,73)			
	500m: 06:41,08 (01:24,02)   600m: 08:04,92 (01:23,84)   700m: 09:28,25 (01:23,33)   800m: 10:51,36 (01:23,11)			
	900m: 12:13,28 (01:21,92)   1000m: 13:35,82 (01:22,54)   1100m: 14:58,26 (01:22,44)   1200m: 16:20,43 (01:22,17)			
	1300m: 17:43,29 (01:22,86)   1400m: 19:04,27 (01:20,98)   1500m: 20:20,93 (01:16,66)			

### AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeister				
	Knein, Pascal	2004/AK 20	SG Erkelenz-Hückelhoven	20:08,38
	100m: 01:09,93 (01:09,93)   200m: 02:26,02 (01:16,09)   300m: 03:43,99 (01:17,97)   400m: 05:04,33 (01:20,34)			
	500m: 06:25,75 (01:21,42)   600m: 07:48,12 (01:22,37)   700m: 09:10,29 (01:22,17)   800m: 10:32,71 (01:22,42)			
	900m: 11:55,58 (01:22,87)   1000m: 13:18,39 (01:22,81)   1100m: 14:40,43 (01:22,04)   1200m: 16:03,43 (01:23,00)			
	1300m: 17:26,26 (01:22,83)   1400m: 18:48,25 (01:21,99)   1500m: 20:08,38 (01:20,13)			
2.	Krug, Jan Felix	2005/AK 20	Ohligser TV	21:24,37
	100m: 01:16,70 (01:16,70)   200m: 02:39,37 (01:22,67)   300m: 04:04,22 (01:24,85)   400m: 05:29,96 (01:25,74)			
	500m: 06:56,16 (01:26,20)   600m: 08:23,56 (01:27,40)   700m: 09:50,72 (01:27,16)   800m: 11:17,49 (01:26,77)			
	900m: 12:43,83 (01:26,34)   1000m: 14:10,60 (01:26,77)   1100m: 15:38,86 (01:28,26)   1200m: 17:05,38 (01:26,52)			
	1300m: 18:32,92 (01:27,54)   1400m: 19:59,05 (01:26,13)   1500m: 21:24,37 (01:25,32)			

abgemeldet

Klein, Rene 2005/AK 20 SG Erkelenz-Hückelhoven

### AK 65

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Radermacher, Ilona	1960/AK 65	SG Mönchengladbach	26:02,76
	100m: 01:27,80 (01:27,80)   200m: 03:04,89 (01:37,09)   300m: 04:45,70 (01:40,81)   400m: 06:28,57 (01:42,87)			
	500m: 08:12,54 (01:43,97)   600m: 09:58,29 (01:45,75)   700m: 11:45,23 (01:46,94)   800m: 13:32,82 (01:47,59)			
	900m: 15:21,57 (01:48,75)   1000m: 17:08,64 (01:47,07)   1100m: 18:55,45 (01:46,81)   1200m: 20:43,02 (01:47,57)			
	1300m: 22:31,02 (01:48,00)   1400m: 24:18,54 (01:47,52)   1500m: 26:02,76 (01:44,22)			

### AK 60

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Wiede, Barbara	1965/AK 60	WSG Wiehl	29:09,41
	100m: 01:40,23 (01:40,23)   200m: 03:33,23 (01:53,00)   300m: 05:29,26 (01:56,03)   400m: 07:25,06 (01:55,80)			
	500m: 09:21,41 (01:56,35)   600m: 11:18,31 (01:56,90)   700m: 13:14,63 (01:56,32)   800m: 15:11,34 (01:56,71)			
	900m: 17:06,73 (01:55,39)   1000m: 19:06,09 (01:59,36)   1100m: 21:05,19 (01:59,10)   1200m: 23:04,16 (01:58,97)			
	1300m: 25:03,91 (01:59,75)   1400m: 27:05,13 (02:01,22)   1500m: 29:09,41 (02:04,28)			

### AK 55

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Ashauer, Katharina	1970/AK 55	SG Wuppertal	22:25,31
	100m: 01:25,12 (01:25,12)   200m: 02:55,13 (01:30,01)   300m: 04:25,72 (01:30,59)   400m: 05:55,76 (01:30,04)			
	500m: 07:26,07 (01:30,31)   600m: 08:56,26 (01:30,19)   700m: 10:26,44 (01:30,18)   800m: 11:56,98 (01:30,54)			
	900m: 13:27,05 (01:30,07)   1000m: 14:57,71 (01:30,66)   1100m: 16:28,00 (01:30,29)   1200m: 17:57,89 (01:29,89)			
	1300m: 19:28,34 (01:30,45)   1400m: 20:58,55 (01:30,21)   1500m: 22:25,31 (01:26,76)			

## noch Wettkampf 12 - 1500m Freistil mixed

### noch AK 55

Platz	Schwimmerin	Jg.	Verein	Endzeit
2.	Kränsel, Irena	1968/AK 55	SG Wuppertal	25:44,50
	100m: 01:34,27 (01:34,27)   200m: 03:17,68 (01:43,41)   300m: 05:01,90 (01:44,22)   400m: 06:44,62 (01:42,72) 500m: 08:28,68 (01:44,06)   600m: 10:12,55 (01:43,87)   700m: 11:56,49 (01:43,94)   800m: 13:40,49 (01:44,00) 900m: 15:25,18 (01:44,69)   1000m: 17:08,65 (01:43,47)   1100m: 18:52,05 (01:43,40)   1200m: 20:33,83 (01:41,78) 1300m: 22:17,43 (01:43,60)   1400m: 24:01,12 (01:43,69)   1500m: 25:44,50 (01:43,38)			
3.	Roes, Rebecca	1968/AK 55	SG Bayer	27:52,70
	100m: 01:42,35 (01:42,35)   200m: 03:38,08 (01:55,73)   300m: 05:29,70 (01:51,62)   400m: 07:20,42 (01:50,72) 500m: 09:12,21 (01:51,79)   600m: 11:03,96 (01:51,75)   700m: 12:55,10 (01:51,14)   800m: 14:47,81 (01:52,71) 900m: 16:41,03 (01:53,22)   1000m: 18:34,60 (01:53,57)   1100m: 20:27,92 (01:53,32)   1200m: 22:19,76 (01:51,84) 1300m: 24:12,16 (01:52,40)   1400m: 26:04,54 (01:52,38)   1500m: 27:52,70 (01:48,16)			
4.	Görke, Astrid	1970/AK 55	SV Albatros Letmathe	31:01,39
	100m: 01:49,28 (01:49,28)   200m: 03:55,34 (02:06,06)   300m: 06:02,42 (02:07,08)   400m: 08:08,42 (02:06,00) 500m: 10:14,89 (02:06,47)   600m: 12:21,24 (02:06,35)   700m: 14:26,34 (02:05,10)   800m: 16:30,81 (02:04,47) 900m: 18:35,34 (02:04,53)   1000m: 20:41,53 (02:06,19)   1100m: 22:47,64 (02:06,11)   1200m: 24:53,46 (02:05,82) 1300m: 26:58,74 (02:05,28)   1400m: 29:03,17 (02:04,43)   1500m: 31:01,39 (01:58,22)			

### AK 50

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Hoffmann, Eva	1974/AK 50	SV Hemer 1921	24:23,66
	100m: 01:29,57 (01:29,57)   200m: 03:07,43 (01:37,86)   300m: 04:45,51 (01:38,08)   400m: 06:24,67 (01:39,16) 500m: 08:03,05 (01:38,38)   600m: 09:42,23 (01:39,18)   700m: 11:21,62 (01:39,39)   800m: 13:00,17 (01:38,55) 900m: 14:39,09 (01:38,92)   1000m: 16:18,41 (01:39,32)   1100m: 17:57,36 (01:38,95)   1200m: 19:35,30 (01:37,94) 1300m: 21:13,86 (01:38,56)   1400m: 22:51,53 (01:37,67)   1500m: 24:23,66 (01:32,13)			

### AK 45

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Karweina, Anne	1979/AK 45	SV Wasserfreunde Dülmen 1966 e.V.	22:35,33
	100m: 01:22,17 (01:22,17)   200m: 02:52,84 (01:30,67)   300m: 04:22,99 (01:30,15)   400m: 05:53,13 (01:30,14) 500m: 07:23,89 (01:30,76)   600m: 08:55,62 (01:31,73)   700m: 10:26,93 (01:31,31)   800m: 11:58,03 (01:31,10) 900m: 13:29,23 (01:31,20)   1000m: 15:01,08 (01:31,85)   1100m: 16:33,39 (01:32,31)   1200m: 18:05,04 (01:31,65) 1300m: 19:36,90 (01:31,86)   1400m: 21:07,74 (01:30,84)   1500m: 22:35,33 (01:27,59)			
2.	Kübler, Mirjam	1976/AK 45	SV Hemer 1921	29:07,49
	100m: 01:41,65 (01:41,65)   200m: 03:40,31 (01:58,66)   300m: 05:40,58 (02:00,27)   400m: 07:38,89 (01:58,31) 500m: 09:35,59 (01:56,70)   600m: 11:33,80 (01:58,21)   700m: 13:32,09 (01:58,29)   800m: 15:29,74 (01:57,65) 900m: 17:26,60 (01:56,86)   1000m: 19:26,01 (01:59,41)   1100m: 21:22,51 (01:56,50)   1200m: 23:20,43 (01:57,92) 1300m: 25:17,75 (01:57,32)   1400m: 27:15,36 (01:57,61)   1500m: 29:07,49 (01:52,13)			

### AK 40

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin	Pawlik, Maika	1983/AK 40	Schwimmverein Langenfeld 1912	23:07,20
	100m: 01:22,00 (01:22,00)   200m: 02:54,14 (01:32,14)   300m: 04:26,51 (01:32,37)   400m: 06:00,35 (01:33,84) 500m: 07:35,87 (01:35,52)   600m: 09:09,80 (01:33,93)   700m: 10:43,36 (01:33,56)   800m: 12:16,32 (01:32,96) 900m: 13:49,51 (01:33,19)   1000m: 15:23,40 (01:33,89)   1100m: 16:57,43 (01:34,03)   1200m: 18:30,80 (01:33,37) 1300m: 20:04,68 (01:33,88)   1400m: 21:37,89 (01:33,21)   1500m: 23:07,20 (01:29,31)			

**noch Wettkampf 12 - 1500m Freistil mixed**
**AK 35**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Frede, Lisa-Kathrin	1990/AK 35	Düsseldorfer SC 1898	24:55,16
	100m: 01:31,12 (01:31,12)   200m: 03:08,96 (01:37,84)   300m: 04:48,00 (01:39,04)   400m: 06:27,69 (01:39,69)			
	500m: 08:09,58 (01:41,89)   600m: 09:49,85 (01:40,27)   700m: 11:30,25 (01:40,40)   800m: 13:11,04 (01:40,79)			
	900m: 14:51,61 (01:40,57)   1000m: 16:33,03 (01:41,42)   1100m: 18:12,88 (01:39,85)   1200m: 19:54,72 (01:41,84)			
	1300m: 21:35,89 (01:41,17)   1400m: 23:15,39 (01:39,50)   1500m: 24:55,16 (01:39,77)			

**AK 25**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Otto, Fabienne	2000/AK 25	swimART-Solingen	18:44,61
	100m: 01:09,55 (01:09,55)   200m: 02:23,98 (01:14,43)   300m: 03:38,60 (01:14,62)   400m: 04:53,81 (01:15,21)			
	500m: 06:08,48 (01:14,67)   600m: 07:23,85 (01:15,37)   700m: 08:39,28 (01:15,43)   800m: 08:54,72 (00:15,44)			
	900m: 11:10,13 (02:15,41)   1000m: 12:25,61 (01:15,48)   1100m: 13:41,11 (01:15,50)   1200m: 14:56,90 (01:15,79)			
	1300m: 16:13,11 (01:16,21)   1400m: 17:29,70 (01:16,59)   1500m: 18:44,61 (01:14,91)			
2.	Becker, Helena	1996/AK 25	SSF Bonn	20:21,72
	100m: 01:12,73 (01:12,73)   200m: 02:32,09 (01:19,36)   300m: 03:52,84 (01:20,75)   400m: 05:14,07 (01:21,23)			
	500m: 06:35,82 (01:21,75)   600m: 07:57,53 (01:21,71)   700m: 09:19,45 (01:21,92)   800m: 10:41,40 (01:21,95)			
	900m: 12:03,86 (01:22,46)   1000m: 13:26,14 (01:22,28)   1100m: 14:49,07 (01:22,93)   1200m: 16:12,89 (01:23,82)			
	1300m: 17:37,12 (01:24,23)   1400m: 19:01,70 (01:24,58)   1500m: 20:21,72 (01:20,02)			
3.	Rechter, Insa	1997/AK 25	1. Paderborner SV 1911	20:54,07
	100m: 01:19,85 (01:19,85)   200m: 02:44,53 (01:24,68)   300m: 04:09,49 (01:24,96)   400m: 05:34,35 (01:24,86)			
	500m: 06:59,48 (01:25,13)   600m: 08:24,12 (01:24,64)   700m: 09:48,47 (01:24,35)   800m: 11:12,85 (01:24,38)			
	900m: 12:37,19 (01:24,34)   1000m: 14:01,29 (01:24,10)   1100m: 15:25,36 (01:24,07)   1200m: 16:49,06 (01:23,70)			
	1300m: 18:12,55 (01:23,49)   1400m: 19:34,63 (01:22,08)   1500m: 20:54,07 (01:19,44)			
4.	Schäfer, Carolina	2000/AK 25	SG Neuss	21:49,54
	100m: 01:17,71 (01:17,71)   200m: 02:44,27 (01:26,56)   300m: 04:12,05 (01:27,78)   400m: 05:40,18 (01:28,13)			
	500m: 07:07,96 (01:27,78)   600m: 08:36,16 (01:28,20)   700m: 10:04,82 (01:28,66)   800m: 11:33,00 (01:28,18)			
	900m: 13:01,22 (01:28,22)   1000m: 14:29,56 (01:28,34)   1100m: 15:58,78 (01:29,22)   1200m: 17:27,46 (01:28,68)			
	1300m: 18:56,31 (01:28,85)   1400m: 20:24,26 (01:27,95)   1500m: 21:49,54 (01:25,28)			

**AK 20**

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und NRW Masters Altersklassenmeisterin				
	Breuer, Victoria	2002/AK 20	Jülicher Wassersportverein 1923 e.V.	21:40,40
	100m: 01:15,67 (01:15,67)   200m: 02:38,85 (01:23,18)   300m: 04:05,21 (01:26,36)   400m: 05:31,90 (01:26,69)			
	500m: 06:59,67 (01:27,77)   600m: 08:27,10 (01:27,43)   700m: 09:54,00 (01:26,90)   800m: 11:21,95 (01:27,95)			
	900m: 12:50,71 (01:28,76)   1000m: 14:20,12 (01:29,41)   1100m: 15:48,87 (01:28,75)   1200m: 17:18,01 (01:29,14)			
	1300m: 18:46,79 (01:28,78)   1400m: 20:15,70 (01:28,91)   1500m: 21:40,40 (01:24,70)			
2.	Nilgen, Annike	2004/AK 20	TV Korschenbroich	21:59,91
	100m: 01:19,68 (01:19,68)   200m: 02:47,56 (01:27,88)   300m: 04:17,64 (01:30,08)   400m: 05:47,69 (01:30,05)			
	500m: 07:17,98 (01:30,29)   600m: 08:47,50 (01:29,52)   700m: 10:17,48 (01:29,98)   800m: 11:45,94 (01:28,46)			
	900m: 13:14,72 (01:28,78)   1000m: 14:43,43 (01:28,71)   1100m: 16:10,68 (01:27,25)   1200m: 17:39,01 (01:28,33)			
	1300m: 19:08,40 (01:29,39)   1400m: 20:36,50 (01:28,10)   1500m: 21:59,91 (01:23,41)			
3.	Walter, Lea	2004/AK 20	SG Siegen	22:39,95
	100m: 01:22,64 (01:22,64)   200m: 02:54,02 (01:31,38)   300m: 04:25,89 (01:31,87)   400m: 05:57,07 (01:31,18)			
	500m: 07:29,16 (01:32,09)   600m: 09:00,32 (01:31,16)   700m: 10:32,02 (01:31,70)   800m: 12:04,16 (01:32,14)			
	900m: 13:35,48 (01:31,32)   1000m: 15:06,92 (01:31,44)   1100m: 16:38,32 (01:31,40)   1200m: 18:10,36 (01:32,04)			
	1300m: 19:41,89 (01:31,53)   1400m: 21:13,07 (01:31,18)   1500m: 22:39,95 (01:26,88)			

## noch Wettkampf 12 - 1500m Freistil mixed

### noch AK 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
4.	Winkelhaus, Luca	2003/AK 20	TG ENNIGLOH	23:20,58
	100m: 01:24,80 (01:24,80)   200m: 02:56,68 (01:31,88)   300m: 04:28,87 (01:32,19)   400m: 06:03,76 (01:34,89)			
	500m: 07:38,40 (01:34,64)   600m: 09:14,23 (01:35,83)   700m: 10:49,62 (01:35,39)   800m: 12:25,65 (01:36,03)			
	900m: 14:01,43 (01:35,78)   1000m: 15:37,83 (01:36,40)   1100m: 17:13,12 (01:35,29)   1200m: 18:47,65 (01:34,53)			
	1300m: 20:21,80 (01:34,15)   1400m: 21:53,48 (01:31,68)   1500m: 23:20,58 (01:27,10)			

Düsseldorf, den 23.02.2025

Abschnittende: 17:31 Uhr

Protokollende: 17:35 Uhr

gez. Scheer, Nils  
Schiedsrichter weiblich

gez. Schwentker, Simon  
Schiedsrichter männlich

gez. Mendritzki, Uwe  
Protokollführer